HF·L Fall Weekend Activities...see page 7



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HFL Football Fall Weekend Game to be Broadcast on Sentinel Facebook Page..see page 10!

Meet the HF-L Alumni Hall of Fame inductees

Five new members will be inducted into the Honeoye Falls-Lima High School Alumni Hall of Fame during Falls Weekend ceremonies on Saturday, October 5. The inductees are:

Dr. DANIEL CLAY



Dr. Daniel Clay, class of 1970, is a world traveler, agricultural scholar, charismatic leader, and an exemplary role model who has worked hard to make a positive impact on the lives of others. Clay is a retired professor who has dedicated his life to assisting communities all over the world to become sustainable. A former doctoral student of Clay described him as a man with "an undying desire to help improve the wellbeing and livelihoods" of people in poor rural communities.

After graduating from Hartwick College, Clay went on to earn his Master's and Doctorate Degrees in Sociology at Michigan State University. While at MSU, Clay conducted doctoral research in France as a Fulbright Scholar. His first job was working for the international division of the United States Census Bureau, which eventually brought him to a small landlocked country in East Africa. colleague spoke of his humility and genuine pride in the achievements of others.

Clay's dedication to the economic success of the coffee farmers in Rwanda soon began to spread. His impact reached neighboring countries in Africa where he has coordinated with government agencies to support local farmers and coffee markets. A professor at the University of Rwanda compares Clay's life to "scientific gold that we still have more to extract for current and future generations."

Throughout his time as a professor at the University of Michigan, Clay has touched the lives of many people. Andrew Gerard, a Ph.D. candidate who was mentored by Clay, speaks of his generosity, dedication, and joy for a good challenge. He has been deeply impacted by Clay's "cheerful, enthusiastic attitude when taking on difficult problems" and "kindness, commitment, and enthusiasm for making a difference."

Clay is also a devoted husband and father to three successful children who have all followed their dad's humanitarian efforts around the world. Suzanne, Clay's wife, shared that their children have all been motivated by their father's love for his life's work. He is a lifelong mentor to them and is always willing to provide his time and energy to support them.

In recognizing Clay, the HF-L Hall of Fame Committee celebrates his humility, kindness, and devotion. His outstanding contributions to the lives of people across the globe serve as a model for humanitarianism. Whether he is acting as a mentor, colleague, parent, or professor, Clay's patience, charisma, and genuine care for all make him a true role model to be admired. neighbor, Crego discovered his passion for weightlifting. To this day, he is an active powerlifter, competing on a global scale and even achieving two drug-free world championships. His dedication to powerlifting goes beyond the athletic component volunteering for Special Olympics Meets in the Delaware Valley. He currently holds Multiple National and State records in the "Masters Division" for 3 different federations.



After high school, Crego earned an Associate's Degree in Physical Studies at Monroe Community College and a Bachelor's Degree in Physical Education at SUNY Cortland. Then, he enlisted in the United States Army and was assigned to the Military Police Corps. He spent time stationed in Italy, Germany, Bosnia and the United States, holding positions of Squad Leader, Operations Sergeant, Small Group Leader, and Training Developer for the US Army Enlisted Leadership Development Program. While serving in the service, Crego attended night school and completed a Master's Degree in Public Administration and Business from Jacksonville State University. In 1999, Crego returned to Honeoye Falls to begin working at Southco, Inc. He is described as a "fair and transparent Leader" by Scott Hammond, Senior Manager of Human Resources and Development at Southco. His wife, Jackie, shared that he "gives everyone a chance to become who they want to be and shows them how to do this through hard work, empathy, and sticking by your principles. He leads by example and is dedicated to the success of his team. Crego recently left his position as Operations Manager at the Honeoye Falls facility to become the Operations Director for all Southco North and South American operations. He and his wife relocated to Pennsylvania so that he can serve in this role.

since his days coaching youth sports in HF-L community. He had dedicated his time and talents to organizations like Center for Youth Services, Ronald McDonald House, Arc of Monroe County, and Dimitri House preparing meals and delivering food to homeless teens, serving meals at a shelter, and assisting at charity events.

Crego's family is his main priority. His combination of structure, positivity, accountability, and love have made him a true role model for his son and stepchildren. He recently became a grandfather and enjoys every moment of this new journey.

Whether he is volunteering at a local charity event, leading manufacturing operations, competing in a lifting competition, or spending quality time with family, Crego brings wisdom, humor, and a strong work ethic to all of his relationships. His induction into the HF-L Alumni Hall of Fame will allow him to serve as a positive role model to current and future students who share his dedication and commitment to hard work and a life of integrity.

CATHERINE BLODGETT GAFFNEY



Slideshow on 50th anniversary of HF-L merger is Oct. 5

As part of the Honeoye Falls-Lima Fall Weekend, Deb & Tim Smith will be hosting a slide show presentation on the 50th anniversary of the merger of the Lima and Honeoye Falls school district. If you've followed their work in the *Sentinel* you may know that the Smiths are in a unique position to discuss the merger.

In 8th grade Deb was a Lima Indian and Tim was a Honeoye Falls Hornet. The merger occurred in between 8th and 9th grade for them, so they were part of the first class to spend all four years as Honeoye Falls-Lima Cougars.

Deb and Tim will discuss the events leading up to the merger, as well as share some interesting and funny stories about events that took place during the new district's early years. One of our favorites is the story of how the district adopted its new nickname and school colors.

There will be two presentations on October 5, one at 2:00 pm and one at 3:00 pm in Room 126 of the high school. The Smiths hope to see you there.

Bond Benefits Consulting Promotes Bill Carson to Director of Sales & Consulting



- ----

During his time in Rwanda, Clay used his expertise in economic forecasting, sustainability, and agriculture to collaborate on a project with local farmers. He was deeply committed to improving the quality of life for the people of Rwanda and has since traveled back to revitalize and upgrade the coffee sector of their economy. When describing Clay's work, a

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THOMAS CREGO, Jr.

Thomas Crego, Jr., class of 1983, is a military veteran, lifelong athlete, dedicated business leader, loyal community volunteer, and exceptional role model to his children. His life has been one of integrity, leadership, determination, and hard work.

As an HF-L student, Crego participated in many athletic and extracurricular activities. He played varsity soccer and baseball and volunteered at church, the local food pantry, and coaching/ umpiring for youth sports. Alongside a close friend and

Giving back to his community has been central to Crego's life

Catherine Blodgett Gaffney, HF-L Class of 1985, is a life-long learner who values her education and experiences. Gaffney's journey began on her family's dairy farm where her responsibility was tending the herd's registered Holstein calves. At age 10, her 4-H group won regionals and competed in the State Finals of the Dairy Bowl; she showed Holsteins at the national level; at age 14 she became the youngest person ever named master dairy showman at the NYS Fair; and at age 16 she was crowned Livingston County's Dairy Princess with an obligation to visit every elementary school in the County and be present at supermarkets offering cheese samples to shoppers.

As a freshman in the College of Agricultural and Life Sciences *Continued on Page 8* Bond Benefits Consulting recently appointed William J. Carson to Director of Sales and Consulting. In his new role, Carson will be responsible for executing the organization's short- and long-term growth goals, as well as leading and developing the company's benefits consultant professionals.

With more than 18 years of industry experience, Carson first joined Bond Benefits Consulting in 2006 as a Benefits Consultant. Prior to that, he was a Senior Sales Representative with a leading life, disability, and medical stop loss *Continued on Page 3*

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BY DEB AND TIM SMITH

RESET ~ An HF-L classmate of ours Randy Roeser shared with us a book his father Walt Roeser wrote in 2000 about growing up in Rush in the 1930's-1940's. Following up our series on the Rush hamlets, we have written a compilation of articles highlighting Rush history inspired by Walt Roeser's book, supplemented with our modern day perspective.

Last week our coverage of the Monroe County Fair left you in Ogden. Actually it wasn't so much that we left you; actually it was more like they kicked us out. But Ogden's lack of hospitality turned out to be a bonus for Rush.

At any rate, the beneficiary of Ogden's reluctance to host the annual Monroe County Fair is that in 2018 Rush got it back, for the first time since Walt Roeser wrote about the town hosting the fair in 1941-1942. Beginning last year in 2018, the fair began its most recent run in our <u>fair</u> town of Rush (no pun intended, we truly did not notice this until our proofreading phase).

MOVING TO RUSH ~ The new location is at 6565 East River Road. This plot of land, which is now revered as the Rush Riverside Refuge, was formerly the site of the Monroe #1 BOCES Harris Green Rush Campus. People in Rush are particularly prideful of the presentation provided by the current fair operators. The current fair offers a variety of family attractions including rides, exhibits, food and family fare.

As they acknowledge, the recent Rush rendition is a far cry from some of the past craziness. Going back to the days in Henrietta, the fair offered up attractions ranging from Demolition Derbies to human freak-show attractions. There were pig races, mud wrestling, and other attractions ranging from gaudy to garish which were the kind of thing that characterized this type of event going back to the 1800's.

The following is our #1 on the list of past attractions that was not seen at this year's Monroe County Fair in Rush. Here's a thought for any of our readers who are in the 40-something age range. Consider this if your parents happened to get married in early August of 1972 and shared with you cleverly staged photographs of their tropical honeymoon at the Tahiti Lounge. Buzzkill coming . . . they were not in the South Pacific, those photos were taken at the Tahitian Strip Club which was the #1 attraction at the 1972 Monroe County Fair.



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Short-term job training options at FLCC include machining, mechatronics, phlebotomy, certified nurse assistant and medical administrative assistant. Academic programs include culinary arts, *Continues on Page 3*

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Carosa

The



Commentary

Spoiler Alert: This is not what you are expecting. This is not a column about politics (good or bad); it's an article about journalism (good and bad).

OK, it's also a commentary on today's political scene, but only because it provides an instructive backdrop to the most salient points I wish to make about the art of reporting.

Let's start with a scene from two years ago. It's not from a political convention, it's from a journalism conference in New York City. It the annual New York City conference for 'SABEW," the Society of American Business Editors and Writers (as it was then called).

Coming off a year of all-Trump coverage and the height of excitement during the first few months of the Muller investigation, SABEW featured a panel under the title "The McGraw Symposium: From Fake News to Virtual Reality – Journalism in the Age of Trump." The Symposium was described thusly:

"Rarely has the news media faced such an array of challenges. Amidst allegations of "fake news" and media bias, attacks on the freedom of the press and sometimes, on journalists themselves - have been a feature of the most acrimonious relationship between the media and the Administration in a generation. Meanwhile, the pace of digital change continues to intensify, as newsrooms double down on video and experiment with new tools such as bots and virtual reality. At the fourth annual McGraw Symposium, sponsored by the McGraw Center for Business Journalism at the CUNY J-School, top editors from Time Inc., the Associated Press and Vice News will discuss the state of the industry. We'll talk about how they're tackling these challenges, transforming their newsrooms, and perhaps most important - where they see opportunities ahead."

As the panel focused on Trump and the then current allegations being investigated by Special Counsel Robert Mueller, there was an air of certainty regarding the eventual outcome of Mueller's

What Does President Trump Know and When Did He Know It?

investigation: impeachment. In the minds of the panel, Trump was already guilty of colluding with "the Russians," the Steele Dossier was hard core fact (pun intended), and the only reasonable conclusion

of the President "within months."

of this perfectly choreographed ballet of group think, panel

moderator Jane Sasseen asked an intriguing question. Prior to becoming the Executive Director of the McGraw Center for Business Journalism, Sasseen spent 15 years at Business Week as news editor, national correspondent and Washington bureau chief and then went on to serve as editor-in-chief of politics and opinion at Yahoo! News.

She asked this (and I paraphrase): "What if - for all the accusations, all the inuendo, all the shouting - what if the public likens the media to 'The Boy Who Cried Wolf'? What happens if we really find something after all this hype? Would the public believe us?"

The panel paused, as if they didn't expect the question, almost as if asking it was heresy. But then they laughed it off, ignoring its implications.

After the session, I went up to speak to one of the panelists, Gerard Baker, at the time the Editor-in-Chief at The Wall Street Journal. Allegedly a Trump sympathizer, I asked Baker the obvious reporter question: "What if the Russian collusion was instigated by Trump opponents, not Trump himself?"

It was idle speculation on my part. I had no idea Mueller would conclude Trump had nothing to do with Russian collusion. Furthermore, I had no idea we'd later discover the whole affair would be investigated as "an insurance policy" apparently hatched within the FBI and other members of the Obama administration as well as likely the Clinton campaign.

I knew none of this when I asked Baker my question. I was just asking a speculative, skeptical, thought-provoking question. The kind journalists are supposed to ask.

Baker scoffed at the idea the whole thing was a set-up. He didn't think it was possible the reporting was wrong. Nor did he feel anyone should question the reporting. In a sense he said the same thing the

would be to call for the removal "These questions also do one more Americans think thing that all good reporters do. In the middle They ask what no one else is asking. assume America Maybe even what others might be is split thirds too afraid to ask."

> panel implied following Sasseen's question: "Why would anyone ever assume the public would never believe us? For we are the undisputed watchdogs of America!".

Yet, a year later (from November 27-December 10, 2018), a Pew Research Center Survey indicated two-thirds (66%) of Americans think journalists behave unethically either "all or most of the time" or "some of the time."

That's the bad news.

The news gets worse. A clear majority of Americans (54%) think journalists admit or take responsibility for their mistakes "only a little" or "none" of the time.

Still, the good news (for journalists) is, for all the distrust engendered, more than half (53%) of those same respondents don't think unethical behavior by journalists "results in serious consequences."

Here's the real problem, though. The perception of journalism is extremely bifurcated. It's now fair to say journalists only speak for - and to - only one faction of society. Journalism therefore fails if its objective is to fairly represent all sides of the issue. Journalists may assume they do, they many think they do, they may insist they do.

The "settled science" - the empirical evidence of the Pew Research Center – proves them wrong.

The same survey cited about shows it. While a vast majority (74%) of those describing themselves as Democrats believe journalists "cover all sides of an issue fairly," only 31% of those describing themselves as Republicans feel the same way.

And let's look at how this partisan breakdown relates to some of the earlier questions.

Broken down by party, 73% of Republicans and a surprising 39% of Democrats agree journalists "fail to admit mistakes and take responsibility for them." Remember,

> journalists fail to do this. If we is split evenly in between Republicans,

Democrats, and Independents, then half of

the independent folks also feed journalists fail in this ethical standard. unethical Speaking of behavior, what's the party-line look like on that? Given the above, it won't shock you to discover a full 82% of Republicans see journalists as acting unethically "all or most, or some of the time." It may, however, astonish you to find out more than half (53%) of Democrats also believe this. Again, extrapolating as before, we can impute from this that 63% of Independent voters also believe journalists behave unethically.

There's a bright side if you're a journalist. There's one group that Americans distrust more than journalists. More than eight in ten (81%) of Americans believe members of Congress "behave unethically at least a little of the time.'

Let's return to the current political climate. Who's leading the charge when it comes to advocating impeachment? Members of Congress and journalists.

What can journalists do to avoid compounding this distrust?

Members of the media cannot make the same mistake with impeachment that they made with the Mueller investigation.

SABEW During that Conference in October of 2017, someone asked what young journalists can study to become better journalists. I stood up and admitted I had no formal training as a journalist. On the other hand, I said I was a trained astrophysicist. I told them a rigorous study of science and the scientific method will help aspiring journalists to ask objective, skeptical, and thoughtprovoking questions.

In many ways, the proper questions you might expect a true journalist to ask during this impeachment drama might be along the line of:

- What does President Trump know and when did he know it?
- Why are so many afraid of what Trump knows and why are they trying to stop him from exposing it?
- What is "Crowdstrike" and what might it reveal about the corruption during the 2016 campaign?
- "Did Joe Biden really bribe Ukraine to stop investigating his son or was his public admission of this just another exaggeration?
- When did House Democrats first speak with the whistleblower and was that conversation direct or through a third party (and who was that third party)?
- What exact date in August of 2019 did the Intelligence Community Inspector General (ICIG) change the reporting requirements of whistleblowers to allow hearsay as opposed to direct eyewitness evidence and why was this change made and when was it made (before or after the original contact with the "whistleblower")?
- How do the Biden corruption allegations fall under the Clinton-era agreement with the Ukraine regarding mutual legal assistance in criminal matters?

That's only a taste of what comes off the top of a head on a cloudy Saturday morning. You can see they are quite scientific. They test the basic assumptions through objective, skeptical, and thought-provoking questions.

These questions also do one more thing that all good reporters do. They ask what no one else is asking. Maybe even what others might be too afraid to ask.

If you're going to be a watchdog, you've got to be brave enough to put yourself in tough situations.

Birth Doula Certification Course Coming in October to GCC

FLCC From page 2

carrier in the Greater Philadelphia and Northern New Jersey marketplace.

Carson

From page 1

"Bill's dedication to our team is unmatched, and his desire to see our company grow and evolve is a benefit to our clients as well as our team members," said Bond Benefits Consulting President Erick B. Bond.

"Bond Benefits Consulting is committed to being a leader in the industry, providing an inspirational workplace for our employees, and being a trusted advisor to our clients," Carson said. "It's rewarding to be part of such a dedicated team, and I look forward to leading our Benefits Consultants as we grow the company to new heights."

Carson resides in Honeoye Falls-Lima with his wife, Mary, and five children.

viticulture and wine technology tourism management, paralegal and accounting.

Classes that prepare students for the Test Assessing Secondary Completion, or TASC, to get a high school equivalency diploma are offered in Canandaigua, Geneva, Naples, Newark, Penn Yan, Sodus, Wolcott and Victor. FLCC offers small class sizes and a mix of day and evening classes for students' convenience. More information and class schedules are available online at www.flcc.edu/ abe.

Spanish speakers can attend TASC preparation in their own language at a special program offered in Lyons and Geneva.

Before beginning one of these programs, students must make an appointment to meet with an FLCC representative by calling (585) 785-1431 or 785-1544.

It is an ancient Greek word and an ancient practice, but as an occupation today it is experiencing significant growth. Doula, pronounced dool, is an ancient Greek term that translates today as a professional person, usually but not always a woman, who provides physical, emotional and informational support during pregnancy, birth and postpartum experiences.

The BEST Center (Business and Employee Skills Training) at Genesee Community College is offering a three-day Birth Doula Certification Training course in October 2019 for the first time ever.

The new course teaches how a doula works in concert with a mid-wife, doctor or obstetrician to personalize both the childbirth experience and education that helps prepare for a positive childbirth. A birth doula provides guidance before, during and after a birth offering appropriate comfort measures,

support to the father / husband / help maternal mortality and racial partner and other family members, and bridges any potential gaps between the medical team and the emotional aspects of child birth. The doula endeavors to identify and honor the mother's desires while maintaining a comforting, respectful environment throughout the birthing process. Today, there are more than 10,000 doulas practicing in the United States. Recent studies have indicated that the presence of a doula in the birthing process results in decreasing the risk of a Cesarean birth, low birth weights of the baby, less complications as well as an increase in breastfeeding.

Additionally, a bill was recently passed by New York State Senate to require professional certification of doulas and it is expected to be reviewed and signed by Governor Cuomo this fall. Erie and Kings Counties have also expanded a pilot program to cover doula services under Medicaid in a multifaceted effort to disparities in providing access to prenatal and perinatal care.

The cost for the course is \$499 per student and the sessions are scheduled at Genesee Community College's Batavia campus in the Conable Technology Building in room T119 on Friday through Sunday, October 25, 26, 27 from 8 a.m. - 6 p.m. Online registration is available at https://www.genesee. edu/best/ and the deadline for registration is October 11, 2019.

Additional course details are available at https://www.genesee.edu/ cms/best/development/certificateprograms/healthcare-certificateprograms/birth-doula-certificationtraining/ . Advance registration is necessary and limited seats are available. For further information contact The BEST Center by calling 585-345-6868 or emailing bestcenter@genesee.edu for more information.



HF-L runners staying strong on the trails

BY DONNA MACKENZIE

With victories in both the varsity A and varsity B races at the Midlakes Invitational on September 21, the Honeoye Falls-Lima Girls and Boys Cross Country teams put on a show of dominance on the course that the Section V Championships will be contested on this fall.

HF-L's varsity A boys totaled points in winning their 21 Division 2 race at the invitational. Ian McGuire put on a surge to come from behind and win the race with a time of 16 minutes, 53.57 seconds. Teammate Christian Coler claimed second in 17:00.88, just .28 seconds ahead of the third-place finisher. Ryan Dailor clocked 17:49.07 for fifth, Omar Armbruster 17:49.91 for sixth and Jack Hulsey 17:50.55 for seventh. Michael Feeley came in 12th (18:23.68) and Cole Siewert 26th (19:11.50). The varsity B boys accumulated 18 points in their victory, paced by a 1-2 punch of Teddy Warfle and Ken Morrell. Warfle's winning time was 18:04.82 with Morrell's 18:50.40, a little over 12 seconds faster than the third-place time. Willem Zoeke finished fourth (19:10.51), Allesandro Fatone fifth (19:14.85), Collin Allison sixth (19:25.73), Riley Wall seventh (19:45.18) and Ryan Spaker eighth (19:47.80). Philip Ackerman posted a 19:56.72 for the 11th spot. Alec Bhaskaran garnered 12th (20:01.37), Philip Marra-MacGregor 13th (20:18.91), Grant Larsen 14th (20:19.19), Sean Dailor 15th (20:28.44),Preston Yates 17th (20:42.26),Robert Brown 19th (20:47.48),Jake Lehning 21st Joey Rogers 27th (20:54.70), (21:04.73), Mason Bulling 34th (21:36.88), Gavin Henderson 40th (21:51.13), Trevor Lancto 42nd (21:55.33), Jake Williams 47th (22:05.59), Nate Grey 51st (22:07.84), Henry Shields 55th (22:30.03), Robert Cohen 58th (22:37.75), Austin Everhart 59th (22:38.02), Nathan Weber 67th (23:13.45), Joey Northrup 68th (23:18.67), Roan Torpey 69th (23:27.76), Knox Ackerman 73rd (23:40.14), Seamus Gillis 74th (23:40.68), Ryan Casler 75th (24:06.67), Joaquin Riley 77th (24:11.25), Eli Webster 78th (24:12.90), Zach Farnam 83rd (24:23.66), Mike Viggiani 85th (24:25.95), Andrew LaMonica 87th (24:27.87), Sheldon Boyce 96th (25:43.41), Daniel Vullo 98th (25:54.32), Sam Gaylord 106th (26:53.57), Brian Cowburn 110th (27:33.03), Adam Tripi 115th (27:58.31), Gavin Letendre 122nd (30:10.52) and Connor Schaefer 135th (33:06.26). "Ian came back to win and Christian had a solid run for second," coach Bernie Gardner said. "Ryan, Omar and Jack had spectacular races in the varsity A race. In the varsity B event, Teddy had his strongest run so far and Ken also turned in a good race." The Lady Cougars A team collected 31 points in winning their Division 2 event at Midlakes. Casey Walike paced the group





In the photo above left, Ken Morrell runs in the September 24 race at Mendon Ponds Park. In the photo above right, Jael Vogt and Kari Roberts head out from the start line for the September 24 race. *Both photos by Donna MacKenzie*

with a time of 20:07.50 for third. Maria Larsen was right behind with a 20:53.01 for fourth and Ann Brennan a 21:03.83 for fifth. Jada Balmer's 21:52.24 and Anna Everhart's 21:55.72 rounded out the top 10 at ninth and 10th. Alia Spaker registered 15th (22:36.71) and Ella Henzel-Cronin 18th (22:47.69). The varsity B girls earned 15 points for their win. Ginny Roth crossed the finish line in 22:03.63 for the victory. Kari Roberts clocked 23:23.48 for second. Jael Vogt finished at 23:38.41 for fourth. Molly Kraynik took fifth (24:20.02) and Hannah Kailburn sixth (24:50.48). Olivia Hullihen was 11th in 25:31.98, just two seconds out of 10th place. Piper Hulsey came in 13th (25:47.23), Emma Garry 16th (26:04.02), Elizabeth VanDick 18th (26:31.23), Thea Ackerman 19th (26:47.92), Shannon Howe 35th (29:27.31), Maggie Tuttobene 40th (29:42.37), Alexa Howe 49th (31:25.96), Samantha Jacophile-73rd (37:57.32) and Bornheimer Erica Sayer 74th (38:52.19). "Casey had a super race while Maria and Ann turned in strong times," Gardner said. "In the varsity B race, we had the top sophomore in Ginny, the top freshman in Molly, the top junior in Kari and the top senior in Hannah." The Cougars' meet on September 24 was for varsity B runners and the Cougar boys prevailed over all four of their opponents, beating Greece Arcadia 15-45, Greece Odyssey/Olympia 16-47, Rush-Henrietta 16-46 and Webster Thomas 16-45. Austin Everhart covered the Mendon Ponds West course in 19:01 to win. Zoeke followed in second at 19:19, Lehning third at 19:22 and Morrell fourth at 19:27. Wall's eighth-place time of 19:56 and Allison's ninthplace time of 19:59 rounded out HF-L runners in the top 10. Spaker was 18th (20:35), Phil Ackerman 19th (20:50), Brown 21st (20:53), Henderson 22nd (20:58), Marra-MacGregor 23rd (21:00), Fatone 25th (21:06), Lancto 31st (21:22), Grant Larsen 35th (21:33), Yates 37th (21:58), Sean Dailor 39th (22:01), Bulling 41^{st} (22:09), Williams 52^{nd} (22:37), Weber 54th (22:41), Cohen 55th (22:47), Shields 57th (23:09), Casler 58th (23:12), Farnam 62nd (23:22), Northrup 63rd (23:23), Gillis 64th (23:24), Grey 67th (23:43), LaMonica 72nd (24:02), Boyce 76th (24:49), Cowburn 79th (25:01), Knox Ackerman 83rd (25:16), Webster 84th (25:21), Schaefer 85th (25:25), Torpey 87th (25:29), Gaylord 88th (25:31), Viggiani 91st (25:45), Tripi 93rd (26:11), Letendre 103rd (28:57) and Vullo 105th (30:14).

"It was a very good confidence boost for our first four finishers," Gardner stated.

HF-L's girls ran past Arcadia 15-50, Odyssey/Olympia 20-42 and Webster Thomas 17-42 but owed to Rush-Henrietta 21-40. Kailburn led the girls with a time of 23:57 for fourth. Roth was fifth at 24:06. Roberts finished in 25:02, 19 seconds ahead of Vogt's 25:21 as the two were 11th and 12th. Kraynik ended up 15th (25:32), Hulsey 17th (25:35), Rylee Penders 20th (26:12), VanDick 21st (26:15), Thea Ackerman 22nd (26:44), Shannon Howe 32nd (28:45), Hullihen 37th (29:21), Tuttobene 38th (29:22), Keely Agar 40th (29:43), Alexa Howe 50th (32:41) and Sayer 56th (37:36). 'We had a lot of younger girls running in the race," Gardner said. "I was very pleased with how the girls did.'

HF-L boys soccer takes fifth win of season

BY DONNA MACKENZIE

The Honeoye Falls-Lima Boys Varsity Soccer team ended a twogame slide with a decisive victory last week that gave the club its fifth victory of the year.

HF-L fell 2-0 to Brighton on September 19. The Barons notched their goals within 13 minutes of each other to hold a 2-0 halftime lead. Brian Reinke made nine saves.

"I credit Brighton," coach Mike Merrill said. "They had the ball most of the time and capitalized twice. We probably only had a couple of shots in the game."

Canandaigua edged the Cougars 2-1 on September 23. The Braves grabbed a 1-0 lead in the first half and held that at halftime. David Brassie tied the game with an unassisted goal in the second half when a Canandaigua clear of the ball went right to him and he buried it into the net from about 20 yards out. In the first overtime session, Canandaigua got the game-winner about seven minutes into the period. Reinke scooped up six saves.

"We had a lot of opportunities and the better of play in the game," Merrill said. "We had 10 shots on goal, but finished only one of them."

The Cougars ended their twogame losing streak by overpowering Batavia 3-1 on September 25. HF-L exploded for all three of its goals in the first half. Will Eby tallied the first one unassisted as he notched the score on a breakaway. Eby garnered his second goal of the game with an assist from Cole Chiapperino when Chiapperino set him up with a perfect pass at about the 18 yard line. Gunnar Wetzel ripped home the third goal on another breakaway as the Cougars built their advantage to 3-0 by halftime. Cade Ratliff handled three saves.

HF-L hosts Greece Olympia on October 4 for Fall Weekend.

HF-L football stunned by Brockport

BY DONNA MACKENZIE

When the Honeoye Falls-Lima Varsity Football team went to Brockport on September 27, it did so as the top team in the local small schools poll. Brockport, which was 0-3, was unfazed and stunned the Cougars by handing them a 21-7 loss.

Neither team was able to score in the first quarter, although the Cougars had a great opportunity when Jack Bagwell recovered a fumble on a Brockport punt return. The Blue Devils defense held the Cougars out of the end zone. Brockport lit the scoreboard first when it scored on a two-yard touchdown run and converted the extra-point kick in the second quarter. It held that 7-0 lead at halftime. The Blue Devils moved their advantage to 14-0 in the third quarter on a seven-yard TD run and the extra-point kick with about 4:06 left in the quarter. The Cougars then embarked on a six-play, 67-yard march for their only touchdown of the game. Big highlights in the drive were a 34-yard catch by Mitch Slymon of a Turner Wilson pass over the middle that converted a third-and-three situation and a 20yard run by Mason Ferrara. Wilson flipped a screen pass in the left flat to Ferrara, who motored in from six yards out for the TD. Reece Joint's extra-point kick pulled the Cougars within 14-7 with 30 seconds left in the third period. Just as quickly as HF-L seized some momentum, Brockport snatched it away with a two-yard touchdown run and extra-point kick that capped a drive with 8:26 left in the game. The Cougars put together a nice drive on their next possession with two big running plays by Wilson, but Wilson was sacked on back-to-back plays to turn the ball over on downs. Brockport gave the ball back when it had to punt back to the Cougars, but Wilson was sacked again to end the

Cougars' hopes.

Brockport throttled the Cougars' biggest weapon as it limited Ferrara to just 63 yards on 14 carries. HF-L had just 88 yards on the ground for the game and had trouble sustaining drives most of the game. It also was just 1-for-9 in third down conversions.

"We struggled up front," coach John Russ said. "Brockport is big and physical on their defensive line and that made it tough on Mason and our running game."

Wilson gained 17 yards on 10 carries and completed 9-of-19 passes for 92 yards. Peter Romig also carried once for five yards. Slymon caught five passes for 58 yards. Ferrara had two catches for 16 yards, Mason Wanzenried one catch for 10 yards and Colt Green one catch for eight yards.

"We played well on defense," Russ said. "However, so many of our kids play both ways and Brockport was able to wear us down. One of the big takeaways from this game is that we played hard, but we were just overmatched on the line. However, if you had told me that after four games we would be 2-2, I would have said that is good." HF-L hosts Midlakes on Oct. 5 for the Fall Weekend game. (CORRECTION: In last week's article on the football team, Zach Meacham was credited with a handoff to Reece Joint who threw a touchdown pass to Mitch Slymon in the Cougars' win over Batavia due to information that The Sentinel pulled off the Hudl website where the football team's stats are kept. The player who actually handed the ball off to Joint was Peter Romig. Meacham was also credited with a tackle that should have been credited to Romig. In addition, the successful two-point conversion attempt was a pass play from Turner Wilson to Slymon.)

HF-L had a league meet October 2 and goes to Penfield's Invitational October 4.

W-C boys soccer is 3-4-2

BY DONNA MACKENZIE

The Wheatland-Chili Boys Varsity Soccer team has changed a few things up to give future opponents a different look than they had to start the season, hoping the changes jump-start the offense.

The Wildcats dropped a 4-2 contest to Kendall on September 16. The Eagles led 2-1 at halftime as Joey Sutherland knocked home a pass from Zach Miles with just one minute remaining in the first half. Aaron Lund scored on a penalty kick for the club's second goal. W-C had a number of chances, winding up with a 22-16 shot advantage. Jack O'Shea made four saves.

"We possessed the ball very well, particularly in the second half," coach Steve Call said. "But, the big difference was their goalie. I swear he was like an octopus with eight arms. He was just incredible."

W-C blanked Pembroke 2-0 on September 18. The Wildcats pounced quickly in the contest with their first goal six minutes into the game. Sutherland put home a pass from Lund, drilling the shot into the net from about 25 yards out after coming forward out of the defense. The club had other opportunities in the first half, but could not capitalize and took the 1-0 lead into halftime. Troy Smith notched the second goal as Lund earned his second assist of the night. Wheatland's defense did its job, successfully shutting down any threats that the Dragons mounted. The club had 13 shots on goal. Jordan Richards had eight saves.

"Joey put just enough of an arc on the ball for it to go over the goalie's head," Call stated. "Troy's goal was a real nice one. We moved some people around for this game. Defender Anthony Polisseni was sick and did not play in this game and won't for another couple of weeks. We decided to move Jack into the field and Jordan into the goal."

Byron-Bergen/Elba edged the Wildcats 4-3 on September 21. The offenses of both teams dazzled spectators in the first half with

the Bees dominating in the first 21 minutes and notching three goals for a 3-0 lead. Wheatland, however, surged back with a vengeance the rest of the half. The comeback began just six minutes after Byron-Bergen's third goal when Miles turned a pass from Brendan Moore into the first Wildcat goal. Three minutes later, Miles had his second goal of the night with an assist from O'Shea. Sutherland tied the game at 3-3 following a pass by Brian Napier. It was 3-3 at halftime. Byron-Bergen/ Elba scored the game-winner in the second half. Both teams had a number of shots on goal with W-C having a 16-15 edge. Richards registered three saves.

"It was a very strange game with them scoring the first three goals and then we scored three," Call said. "A player from their team was ejected after pushing one of our players to the ground so we had an 11-on-10 advantage that helped us tie the game up."

The Wildcats and Holley tied 1-1 on September 24. W-C generated 12 shots on goal for the game, but slipped only one past the goalie. William Gocher scored midway through the first half; Lund earned the assist. Holley tied the game late in the first half. Both defenses turned in strong performances the entire contest and shut out the offenses in the second half. Richards scooped up four saves.

W-C shut out Attica 2-0 on September 26. Gabriel Rosado gave the squad its 1-0 halftime advantage. Andrew Nolan had the assist on the goal. Smith boosted the club into a 2-0 lead, assisted by Tieshawn Walker. Wheatland had just eight shots on goal. Richards made four saves.

"We moved Troy and Aaron back to the defense and Joey up into the midfield to move players around from the first time we played them and to see if we could get some mismatches and that is what happened."

The Wildcats are at Harley-Allendale-Columbia on October 3.

W-C girls rock opponents

BY DONNA MACKENZIE

Through its first eight games of the season, the Wheatland-Chili Girls Varsity Soccer team has outscored its opponents 43-6 and its closest game recently was a onegoal win over Kendall.

W-C edged Kendall 3-2 on September 19. The Eagles stunned Wheatland with a goal in the first minute of play. Lindsey Clar knotted the score at 1-1 with an assist from Jenna LaMere with seven minutes left in the first half. The Lady Wildcats wasted little time in striking again, notching their second goal just six minutes later when Niyah Rosado connected after taking a pass from Clar. The squad held that 2-1 lead at halftime. Rosado boosted the advantage to 3-1 with an unassisted goal 15 minutes into the second half. Kendall chopped the deficit to 3-2 about three minutes later, but Wheatland-Chili blunted any other scoring chances. Rachel Allen scooped up three saves.

"Kendall's first goal was on scrum in front of the goal off a corner kick," coach Gary Ward said. "They had a nice goal in the second half off a direct kick. Kendall is a good squad. I thought we had the better of play most of the game and right now our kids are playing tremendously. Our defense has made sound decisions to shut down our opponents and Rachel is doing a nice job in goal."

The Lady Wildcats shut out Oakfield-Alabama/Elba 6-0 on September 21 to make W-C's homecoming a happy one. Rosado staked Wheatland-Chili to a 3-0 halftime lead. She scored the first goal 12 minutes into the game with an assist from Clar. Four minutes later, Rosado booted home the second goal thanks to a pass by Emily Parker. About 10 minutes later, LaMere assisted on Rosado's third tally of the night. The duo hooked up again in the second half with LaMere assisting Rosado's fourth score. Only a minute

later, defender Hannah Beldue popped in an unassisted goal 12 minutes into the second half. Clar's unassisted goal closed the scoring. Allen stopped five shots.

Wheatland earned its fifth shutout of the season with a 5-0 victory over Batavia Notre Dame on September 23. It took the Wildcats awhile to get going in this game as they did not score until there was about one minute left in the first half. Rosado notched the goal, assisted by LaMere. It was the first of another four-goal night for the junior forward. She scored her next two within seconds of each other with her second goal assisted by Beldue and her third on an assist from Clar for a 3-0 lead about 10 minutes into the second half. Rosado's fourth goal was set up by LaMere. Clar garnered the final goal with 10 minutes remaining. LaMere collected her third assist of the game. Allen had three saves.

W-C is at Lyndonville/Medina on October 3.

HF-L swimmers pick up two wins

BY DONNA MACKENZIE

The Honeoye Falls-Lima Girls Varsity Swim team garnered wins in two of its last four meets as the youthful squad continues to improve.

Canandaigua topped the Lady Cougars 100-86 on September 17. Abigail Baum, Emma Kidd, Ella Beutner and Kate Tanner placed second in the 200 individual medley with a time of 2 minutes, 13. 83 seconds. Kate Tanner and Kathryn McRae were second and third with times of 2:14.22 and 2:14.72 in the 200 freestyle. Hannah Zornow came in fifth (2:25.15) in the event. Chloe Brassie led the squad in the 200 individual medley as she clocked 2:40.83 for second while Beutner ended up fourth (2:45.95) and Samantha Picciotti fifth (2:49.79). Ryann Tanner and Kate Tanner went 2-5 in the 50 freestyle in 27.50 and 28.16 seconds, respectively. Jenna Bovenzi piled up 162.85 points for third in

diving and Asha Hotaling 125.45 points for fifth. Baum (1:13.32), Picciotti (1:15.63) and Beutner (1:17.62) were third, fourth and fifth in the 100 butterfly. Emily LeFrois-Heath won the first event for HF-L when she clocked 57.75 seconds in the 100 freestyle. Aurore Lambert came in fifth (1:04.31). Brassie posted a 6:03.68 for second in the 500 freestyle. Zornow followed in third (6:32.55) and Ava Stefanou fourth (6:40.78). LeFrois-Heath, McRae and the Tanner sisters combined for second at 1:49.74 in the 200 freestyle relay. McRae edged a Canandaigua swimmer by .73 seconds to win the 100 backstroke with a time of 1 minute, 11.44 seconds and Baum took third (1:13.68). LeFrois-Heath became a double winner with a victorious time of 1:16.21 in the 100 breaststroke. Kidd clocked 1:24.10 and Ryann Tanner 1:24.14 for fourth and fifth in the event. Ryann Tanner, Baum, McRae and LeFrois-Heath won the

400 free relay in 4:08.09 by over two seconds.

HF-L captured a 103-78 victory over Churchville-Chili on September 19. McRae, LeFrois-Heath, Baum and Kate Tanner earned a winning time of 2:05.90 in the 200 medley relay. McRae came in second (2:18.50), Brassie third (2:18.66) and Beutner fourth (2:25.58) in the 200 free. LeFrois-Heath recorded a winning 2:21.03 in the 200 individual medley with Baum's 2:35.55 good for fourth and Grace Norvell's 2:51.63 good for fifth. Ryann Tanner paced the Cougars in the 50 free with a winning time of 27.67 seconds. Kate Tanner had a time of 28.02 for second and Lambert 28.75 for fourth in the 50 free. Bovenzi accumulated a score of 174.75 points for first in the diving, followed by Hotaling in second with 137.48 points and Kayleen Colyer in fifth with 107.78 points. Picciotti finished second (1:15.17),

Continued on Page 13

HF-L volleyball is undefeated

BY DONNA MACKENZIE

With their top four players in kills and their top setter (who also paced the team in serving) returning this fall, the Honeoye Falls-Lima Girls Varsity Volleyball team was well-stocked on offense, but the squad is strong defensively as well with its top three players in digs and that balance has led the squad to an undefeated league record so far. Returning members of the squad are seniors Kara Balmer, Danielle Fisk, Leah Samson and Kelly Taylor, junior Hailey Sackoor and sophomores Teagan Kamm and Ella Peters. Taylor was an All-League 1st team and All-Greater Rochester honorable mention selection while Balmer was an All-League 2nd team pick and both she and Samson were on the Section V Class B All-Tournament teams. Balmer led last year's team, which went 14-7 and lost in the Section V Class B Championship game, with 193 kills and also led in blocks with 41 and added 88 service points (sixth on the team) and 20 aces (fourth on the team). Samson was second in kills with 127, second in

digs (188), fourth in service points (110) and sixth in aces (17). Fisk was second in digs with 33 and fourth with 93 kills. Taylor paced the team in assists (499), service points (177) and aces (55) and was third in digs (144). Kamm was third on the team with 108 kills. Sackoor was third in service points (144) and aces (29). Peters was first in digs with 211, second in service points (175) and second in aces (39). Newcomers to the club are juniors Kate Burdett, Annabelle Danella, Allison Millard and Neva Tayler and sophomore Brynn Mooney. The Cougars began their season with two tournaments. At the Gary Adler Tournament hosted by Gates Chili on August 28, HF-L competed in pool play and then earned a 25-21 win over Churchville-Chili. The club then went to the Penfield Tournament on August 31 and, following a pool play round, lost to Penfield by 25-17.

each finished with seven kills. Mooney served a team-high five aces. Peters collected six digs and Kelly Taylor five. Taylor set for 12 assists.

The Lady Cougars swept

BY DONNA MACKENZIE

HF-L girls soccer win

two OT games

The Honeoye Falls-Lima Girls Varsity Soccer team is getting lots of practice with games going to overtime as they played their fourth overtime game of the season

it. Mari had a nice game in goal and has a lot of confidence that she helps impart to our defense, where we have some newer girls." Brighton defeated the ougars 5-2 on September 20. HF-L held down a good Barons' team in the first half as the teams went into halftime locked in a 0-0 tie. Brighton, however, struck swiftly for four goals in the second half as they scored all four within an 18 minute span. Karipidis' goal pulled the club within 4-1 with about eight minutes remaining in the game, assisted by Carli Zollo. Three minutes later, Paige Brent's shot found the back of the net to cut the deficit to 4-2. The Barons snatched the building momentum away very quickly as they scored their final goal just seconds after

last week.

HF-L edged Gates Chili 2-1 in overtime on September 16. The two teams battled to a scoreless draw at halftime. Maria Karipidis broke the ice with a goal midway through the second half, assisted by Brittany Alexander. The Lady Cougars had a few other chances, but could not convert them. Gates tied the game at 1 on a goal with about two minutes remaining in regulation. It took some time, but the Cougars' pressure on Gates' defense was finally rewarded when Rachel VanderVen tallied the game-winner. Mari Spitz made nine saves.

"It was good to see the girls keep working after Gates scored late in the game like they did," coach Chrissy Merrill said. "Those kinds of goals can deflate a team and then they wind up losing in overtime, but our girls stuck with

HF-L's tally. Spitz stopped 12 shots. "Brighton is a strong squad so to hold them scoreless in the first half was good for our girls," Merrill stated. "But, it is hard to keep a good team like that down for long."

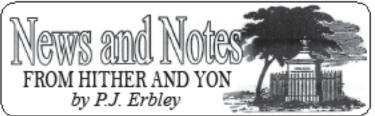
HF-L and Batavia played to a Continued on Page 13

HF-L opened its league match season with a 25-25-25 to 16-13-14 victory over Spencerport on September 4. Balmer and Samson

Brighton 25-25-25 to 17-19-20 on September 6. Balmer finished with nine kills. Samson hammered eight kills with 13 digs. Fisk notched six kills. Taylor recorded 26 assists, six digs and two aces. Peters paced the defense with 23 digs while Mooney tacked on another nine and Danella five.

HF-L rallied from losses in the first two sets to topple Pittsford Mendon 18-24-25-25-25 to 25-26-20-16-21 on September 10. When Fisk's serve was returned long and out of bounds by Mendon, the Cougars erupted into sheer joy. Taylor collected 38 assists and five kills. Kamm registered 10 kills and Fisk nine. Samson served up three aces to go with eight kills. Balmer led the team with five blocks. Millard wound up with 25 digs, Samson 23, Taylor 13, Peters seven, Mooney seven, Balmer six and Kamm five.

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On Being Black in America

A Rustic's Local Perspective (Chapter Fifteen)

Resume, but first, Review

"Whoa," you say, "how does this guy scribble fourteen chapters, spread over twenty-seven weeks, on 'On Being Black in America,' and he's still not done?"

I know, the last treatment of that subject was eleven months ago, but over 30,000 words are not enough. Compared to the 400 years since the first slave ship sailed into Chesapeake Bay – the 156 since Lincoln's Emancipation Proclamation – the 80 since black classical singer, Marian Anderson, performed at the Lincoln Memorial – or the 10 since Barack Obama became President - there will never be enough words. America is still unsettled over racial divides

Since News paused this series, there's been the very long First World War tribute to Americans kicking the Kaiser's keister. That was followed by a summer vacation of sorts, when News dusted off his old cemetery columns from the early 2000s. That wasn't a bitter pill to swallow... was it? Hope not, next summer will bring forth more of the same.

For this week only, "On Being Black in America" mimicks such media blockbusters as Downton Abbey, The Sopranos, Call the Midwife, Doc Martin and Suits. With each one of those episodes, you get a quick review before moving onto the next phase of the story. Likewise, here's a refresher of the toil News has devoted to black life in this country.

*On Being Black in America was incubated by a meandering roundtrip drive to New Orleans to help local Presbyterians rehab a Hurricane Katrina house. An impromptu "Civil Rights Trail" was fashioned, with stops at former slave markets, court houses, state capitols, the Ole Miss Lyceum, Little Rock Central High, sites in the Emmitt Till murder story, Montgomery, Birmingham, the remote setting where the Scottsboro Boys were dragged off a train, the "Bloody Sunday" bridge at Selma and, of course, the Katrina disaster that befell New Orleans' poor, mostly black residents of the Lower Ninth Ward.

*Twice in the 1920s, when HF's high school seniors went on Easter trips to Washington, D. C., they almost didn't go. When told their black schoolmates would have to use separate facilities, including lodging, while visiting our segregated national capital, they certainly got a Civics lesson on being black in America. Reluctantly, the white students made the excursion - the black students did not.

*Compelling, too, was the account of the white HFCS '58 grad, recounting his assimilation into teaching at predominantly black schools, his marriages to black women and parenting mixed-race sons. His was far from the parochial life he'd known while growing up in the Mendon Hotel, in a town almost totally devoid of black residents.

*This columnist then moved to the painful recollections of that man's wife, experiencing a Jim Crow community with the paradoxical name, "Liberty." And, up the track, there's the hometown of the late Andy Griffith, sandwiched between changing times and the realities of a racist history. His fictional Mayberry was beloved for its misrepresentation, yet the TV show was beloved by black folks, too.

*News & Notes devoted columns to Honeoye Falls, when it was known as "Murderville." It played a role during a notorious Rochester riot, sparked by a mob wanting to lynch a black man accused of raping a white girl. In the dead of night, the man was spirited by buggy through Rush to Honeoye Falls, where, after being hidden in the bowels of the Wilcox Hotel (now the Masonic Temple), he was whisked away on the morning train toward the infamous prison at Auburn.

*A subsequent column described a popular local barber, Sam Lepheon, and his losing battle with tuberculosis. As his health was



slowly failing, area citizens supported fund-raisers on his behalf. He was a black man who, as a kid, made a local splash performing in minstrel shows. He earned a rightful place in North Bloomfield Cemetery.

*How about the tale out of the Deep South, when a black barber and a white undertaker wagered on boxing's Jack Johnson (black) versus Jim Jeffries (white) in "The Fight of the Century." Years after Johnson (and the barber) won, the wager was paid off with about the fanciest funeral any man, black or white, could ever dream of - complete with a gilded horsedrawn hearse, rolling through the streets of Jim Crow America.

*An insightful project for its lack of connection to the Deep South was "Jim Crow and the Barbers." In 1954, a barber in Champagne, Illinois, refused to cut the hair of a star Illini football player... because he was black. The proverbial feathers-hit-the-fan in the form of a boycott, forcing the outrage to be corrected. Meanwhile, the offended fellow went on to All-American honors and a career in the National Football League.

*Having done a Master's Thesis on the evolution of cemeteries in western Kentucky, News has read his share of epitaphs. This one is the all-time finest, stumbled upon before some of you were born. Recalling it inspired a chapter entitled: "Freedom and Freedmen in New York State"...

> I should not like to be a Slave, and it would be wrong for me to inflict on another, what I would not like for myself. Vienna, Va. May 1861

*Following that abbreviated study, the chapters entitled, "Minstrelsy" and "Black Face," led to "Songs from the Old South." Several columns went into those matters of cultural interest and national debate. So too was the "cakewalk," a dance craze that spread like wildfire from plantation slave quarters to overseas settings akin to high-browed Downton Abbey.

*Either side of 1900, interest grew in the culture of blackness, prompting lecturers and commencement speakers to frequently honein on "The Negro Question." Interscholastic debates, like Honeoye Falls versus Fairport in 1902, bandied about the pros and cons of race equality.

*To preface next week's N&N topic, until the mid-1950s, *United States Geological Survey* maps included a place name in Cayuga County with the most despicable word in anyone's lexicon, the N-word. Even the *United States Postal Service* had no problem with it: "*N-----ville*." Today, it is a peaceful place... pretty in autumn dress... with no geographical identification... and residents no longer live on "*N-----ville Road*."

*Finally, before being diverted by the 100th anniversary of the World War I Armistice, the writer began to focus on local people of African-American descent. To whet that appetite, a few other nuggets teased the imagination: like the acclaimed Booker T. Washington coming to Rush, albeit by letter to a 12-year-old schoolgirl; teams of ebony hue competing against locals on the ball diamond and basketball court; black entertainers, ranging from traveling road shows performing "Uncle Tom's Cabin," to the acclaimed baritone known for his powerful rendition of "Old Man River," to the black man pulling a funky cart, crisscrossing America on foot.



In closing, the summer hiatus allowed for further research to crack the code about *"Black and White Corners,"* a crossroad just north of Mendon Center. That revelation, found in this space next week, will center your attention on those with black skin, who made their mark on Honeoye Falls and environs.

(Next week: The Road to "Black & White Corners")

For gripes, glad hands and/or gossip, please contact this columnist at: pjerbley@gmail.com





Friday, October 4th

(Times may vary)

Inductees Meet the Students

The 2019 Hall of Fame Inductees will conduct an informal Inductee/Student Q & A in which the inductees and students will be matched up with those who most share their careers and passions.

Saturday, October 5th

12:30 p.m.	Annual Fall Weekend Parade The parade marches down West Main St. through Honeoye Falls to East St. and ends at the Manor School. This year's theme is "Monumental Moments."
2:00 p.m.	Varsity Football vs. Midlakes
4:30 p.m.	2019 Hall of Fame Induction Ceremony and Public Reception The ceremony will take place in the High School 'B' Gym directly following the football game. HF-L's Select Chorus will perform songs dedicated to each inductee and light refreshments will be provided.

Sunday, October 6th

1:00 - 3:00 p.m. Youth Trophy Cup Run The run will take place at the Middle School near the auditorium. Registration begins at 12:15 p.m.

Other Fall Weekend Sporting Events Include:

(For a full listing of game schedules, visit: http://www.sectionvny.org)

Thursday, October 3rd

(Home Competitions Only)

- Girls' JV/Varsity Swimming vs. Brighton @ 4:30 p.m.
- JV Football vs. Waterloo @ 6:00 p.m.

Friday, October 4th

(Home Compettions Only)

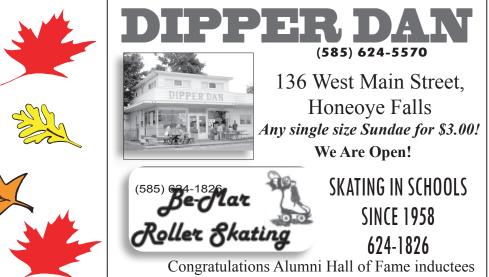
- Girls' JV Volleyball vs. Brockport Central @ 4:30 p.m.
- Girls' JV Soccer vs. Waterloo @ 5:00 p.m.
- Boys' JV Soccer Greece Olympia @ 5:00 p.m.
- Girls' Varsity Volleyball vs. Brockport Central @ 6:00 p.m.
- Girls'/Boys' Varsity Soccer vs. Greece Olympia @ 7:00 p.m.

Admission is free and open to the public for all HF-L sponsored Fall Weekend Events. For further information call (585) 624-7000.



6:30 AM - 8 PM 6:30 AM - 3 PM 7 AM - 2 PM

Fall Weekend festivities and congratulates the newest inductees into the HF-L Alumni Hall of Fame



HF-L Fall Weekend 2019

Hall of Fame

From Page 1 (CALS) at Cornell, Gaffney won the dairy division of the annual student livestock show and took a position in the Office of International Agriculture working with people from all over the world with the common goal of how



BRENNA BOYCE
ATTORNEYS AT LAW

ATTORNEYS AT LAW

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to feed people in their country. Gaffney was a teaching assistant for Professor German who suggested Wegmans would be a great fit for her skills and interests. She is a recipient of the CALS Outstanding Alumni Award and credits Cornell for learning, encouraging, supporting and providing unique experiences that parallel with the expectations for students at HF-L.

Gaffney currently reigns as Vice President of Specialty Cheese, Deli and Cheese Caves at Wegmans as well as serving as the President of the American Cheese Society. In her ascent at Wegmans, Gaffney's responsibilities and initiatives included: ten progressive management positions, training, leading research trips, chain-wide coffee shop roll-out, work with prepared foods developing new concepts company-wide, created Cheese University and Wegmans affinage (cheese aging) facility, the only one in a U.S. supermarket chain, helped launch "Made in New York" cheese program to support small-scale cheesemakers, and the debut of "From Family Farms Near Our Stores"- regional sourcing of artisan cheeses.

Gaffney is recognized as a leader in the agri-business industry. Her work is highly respected and her knowledge is equally valued in academic halls, on farms, and in the fields. Academic peers solicit her presence at student forums, professional training venues, university programs, and express her story in professional She remembers publications. her roots, especially with 4-H, and shares her story with her home community through print media and speaking engagements. Gaffney's lifetime of leadership and volunteerism is valued and has been recognized with numerous awards and position advancements.

Letters of support for Gaffney carried the same theme. From Wegmans, "Gaffney is a role model for our company and is often used as an example of how to keep challenging yourself, having the courage to tackle new assignments and learning to adapt away from your comfort zone. Her ability to motivate others and keep programs moving forward has led to world-class excellence in all she has managed." From the American Cheese Society, "Gaffney stands as an example of how a business can promote quality products while also positively impacting local communities and modeling best practices. She advocates for small, American producers, and has given them a platform to showcase their important work. Gaffney strives to give people the tools they need to do what they love. She exemplifies ACS's core values of Engagement, Education, and Sustainability" As is the case for many, personal and professional success stories begin and sustain with continuous family support. Gaffney and her husband John live in Henrietta and are proud parents to their daughter Mary. Gaffney's passion is nurtured and empowered by a cohesive extended family and the work-family unit, her "fantastic support system." The overlap of Gaffney's story with HF-L's expressed Mission, Vision, and Strategic Intents is undeniable. Gaffney exemplifies the District's definition of education for its students.







HONEOYE FALLS- LIMA SCHOOL DISTRICT Best of luck to all the Cougar Athletes Students and Staff. Congratulations to The

Hall Of Fame Inductees!



Visit us on Facebook or at www.HoneoyeFallsMarketPlace.com

Continued on Page 9





HF-L Fall Weekend 2019

Hall of Fame

From Page 8
LUCIEN CASARTELLI



Hall of Fame inductees aren't always the students that love book learning. Lucien Casartelli, who graduated from HF-L in 1986 and today is an internationally known woodworker and sculptor, first took inspiration in shop class while in high school. His love of woodworking, creating, and new design led him on a trail of continual education and worldwide acclaim.

When speaking of his stepson, Ed Raynor praises Casartelli as someone that never gives up. "Casartelli is an inspiration to those needing affirmation that education is good, that struggling with setbacks or disabilities do not need to be fatal and incorporating a fine work ethic can enhance anyone's quality of life." For those reasons and many more, Casartelli is being inducted into the HF-L Alumni Hall of Fame.

Casartelli began his amazing career in high school under the direction of HF-L's beloved shop teacher, Mr. William "Bill" Brown. With Mr. Brown's guidance, Casartelli honed his craft and gained admission to RIT's School for the American Craftsman where he received his Bachelor's in Fine Arts Degree with a major in Woodworking and Furniture Design and a minor in Psychology.

Following college, Casartelli was hired by Wendell Castle, an internally known leader of the art furniture movement. He worked there for ten years.

Casartelli's next step was to found Bella Designs, an enterprise that employed 20 craftsmen and women who built high-end, custom furniture and sculpture sold all over the world. During this period, he worked with other artists in developing their 2D art into 3D art that got produced in limited editions and sold worldwide. Casartelli also worked to become proficient in Computer-Aided Manufacturing (CAM) technology. A lifelong learner, he persevered, and through trial and error, used technology to improve his skills and capabilities.

In 2013, Casartelli began working as a sculptor. His work caught the attention of Rochester gallery owner, Nan Miller. "Most people who deal with wood don't have the knowledge that he has learned in painting and with metal. He's purchased equipment for some of his projects that most woodworkers don't have or even know about. He's projected himself into a whole different level from what most woodworkers and furniture makers do."

Casartelli designed and completed a metal sculpture "Memorial of the NYC World Trade Center Twin Towers" dedicated and housed in Rochester, NY. It honors the lost souls in the September 11, 2001, terrorist attack that took nearly 3,000 lives. The sculpture includes a beautiful American Flag that he created out of resign and paint materials.

"Casartelli is a good candidate (for the Hall of Fame) based on the life he has led, his love of his work, friends, family, and dog. His efforts made in his education, apprenticeships, and his business accomplishments and, now teaching others," are things that make the world better," said friend, Kim Salley.

"Casartelli has always enjoyed challenging himself in creating something interesting and something difficult. That's what keeps him going! He likes learning how to figure things out and never says, 'I can't do that' or 'I don't how to do that,'" said his Dad, Peter Casartelli. "For Lou, it is 'I'll learn to do that.' There's always a way to do something and that's just his positive approach in everything he does. His work ethic has always been to achieve and go beyond expectations in every project. I feel that he is a wonderful role model for other students aspiring to achieve their dreams."

In recognizing Casartelli, we celebrate creativity, discipline, and dreams. Whether taken from a book or learned from chisel and wood, all things are possible, especially, if you think like him.

JULIE NESS



In speaking about Julie Ness, several folks said lovely things about this 1987 HF-L graduate. "She's an incredibly gifted teacher," a "role model throughout her life, a strong light for all who know her," and "consummate artist."

In high school, Ness competed in soccer and track and participated in the musicals under the direction of Dave Borden. Her voice teacher, Chris Sargent noticed her talent and sent her for more advanced work at the Eastman School of Music. From there, she went on to attend Oberlin Conservatory of Music and received a performance degree as a lyric soprano.

While at Oberlin, Ness met her husband and soul mate, Martin Philip. After graduation, they both sang at the San Jose Opera for a few years before returning East, first to Manhattan and then Vermont.

Her professional appearances include her soprano debut with the San Jose Opera, Carnegie Hall debut as the featured soprano soloist in Handel's "Messiah" and John Rutter's "Requiem", and performed recitals with Trinity Church and the New York Festival of Song. Ness has performed leading roles in operas by Rossini, Mozart, Handel, Strauss, and Donizetti. She has worked with Opera San Jose, Festival Opera, Lake George Opera Festival, and the Chicago Humanities Festival, and has sung with the American Bach Soloists and the San Francisco City Choir and Orchestra. She has collaborated with such prominent conductors as Daniel Beckwith, Paul Nadler, Jeffrey Thomas, and Michael Barrett. Ness has recorded on the Deluxe label.

Ness recently performed with bassist David Wysocki and guitarist Tristan Bellerive. They performed ten songs from Joni Mitchell's legendary album, "Blue." Not only did she sing all ten songs and play the piano on four, but, Ness also bought and learned to play an Appalachian dulcimer for "All I Want, Carey and California."

At home in Vermont, Ness has a studio in which she teaches voice to around 50 students, frequently coaching them in musicals and for auditions. She is regarded as the "Go-To" teacher and coach according to the dramatic director of the Northern Stage Theater. She supports the Upper Valley Music Center, is a teacher at the Waldorf School of Quechee, Vt., and has given lessons to worship leaders at CAMP, an accredited music school in Mexico.

Former Oberlin classmate, Adrienne Mckeown expounds on Ness's teaching as "skilled and versatile." Of Ness, McKeown states, "She is brilliant at meeting each student where they are, both emotionally and musically. Her students each sound uniquely like themselves, which is a reflection of Ness's empathy and flexibility as a person and a musician."

"She teaches kids how to use music and words, not just to entertain, but also to express their innermost souls," said Eric Love, Director of Education for Northern Stage in White River Junction, VT.

Ness and her husband, baker and author Martin Philip, live with their three children in Vermont.



SUNY Geneseo Announces Dean's List for Spring 2019

SUNY GCC announces Spring

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Congratulates The New Alumni Hall of Fame Inductees!



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Visit Our Website: townofmendon.org

The State University of New York at Geneseo has announced its Dean's List for the Spring 2019 semester. To be on the list, a student must have achieved at least a 3.5-grade point average while taking a minimum of 12 credit hours.

Students on the Dean's List from this area are:

Austin Ainsworth of Honeoye Falls

Tyler Bushnell of Honeoye Falls

Erin Donahoe of Honeoye Falls

Emily Dulieu of Honeoye Falls

Bryce Kelly of Honeoye Falls Lauren McKinnon of Honeoye Falls

Annika Mounts of Honeoye Falls

Laura Piazza of Honeoye Falls

Lucas Smith of Honeoye Falls

Bryan Wager of Honeoye Falls

Helen Warfle of Honeoye Falls

Kaitlyn West of Honeoye Falls

Casandra Cavalier of Lima Harper Coleman of Lima Andrew Shutes of Lima Jamie Henshaw of Mendon Jackson Tate of Mendon Landon Brice of Rush Janelle DiPaolo of Rush Isabella Fazio of Rush Molly Marshall of Rush Allison Menendez of Rush Wasima Syeda of Rush Emily Bassi of Scottsville Brandon Burger of Scottsville Taylor Clar of Scottsville Benjamin Specht of Scottsville

SUNY Geneseo is a premier public liberal arts college dedicated to developing socially responsible citizens with skills and values for a productive life.

2019 President's List

1260 students from Genesee Community College were named to the President's List. Students honored on the President's List have maintained full-time enrollment and earned a quality point index of 3.75 (roughly equivalent to an A) or better.

Mary Mast of Honeoye Falls Rebekah Johnson of Honeoye Falls

GCC serves approximately 6,000 students per semester through more than 70 academic programs and certificates, including the Marketing and Social Media concentration within the Business Administration program, and the new Nanotechnology degree with ECC. On a microscopic scale, nanotech focuses on careers in biology, chemistry, electrical engineering, medicine and photovoltaics.



Presents: HF-L Football vs. Midlakes Saturday, October 5th, 1:15 PM

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How to Watch The Homecoming Football Game Live This Saturday You don't have to sign up for Facebook or YouTube to watch – it's all public and free! If you miss it, the broadcast will be archived online so you can watch it anytime!

We will begin the broadcast at 1:15pm simultaneously on both our Facebook page and our YouTube Channel. You can access these through any device and even watch it on your TV (if you already can watch the internet on your TV). You can even watch the broadcast from your phone live while you're sitting in the stands during the game!

How to Access the Broadcast via Facebook:

This will likely be the easiest way to watch the game. Just go on the internet and go to this link:

https://www.facebook.com/MHFLSentinel/

You don't have to have a Facebook account to watch. It may ask you to either "Log in" or "Create New Account" but you don't need to. If a window pops open asking you to join Facebook, just click the "Not Now" option and you'll return to the game.





How to Access the Broadcast via YouTube:

This is a little trickier because our YouTube Channel is new and we don't have our custom URL yet. We will email all subscribers the link to YouTube shortly after we begin broadcasting at 1:15pm.

What you'll see before kickoff:

We will have a graphic on the screen to let you know you're on the right channel. It may also contain a custom video and even an ad or two, but you'll know it's the right channel either way.





HF-L Class of 1999 Makes a Donation to the Friends of the Mendon Public Library

Smith-Warren Post 367 in Scottsville celebrates 100th anniversary



ary to hold Book Sal

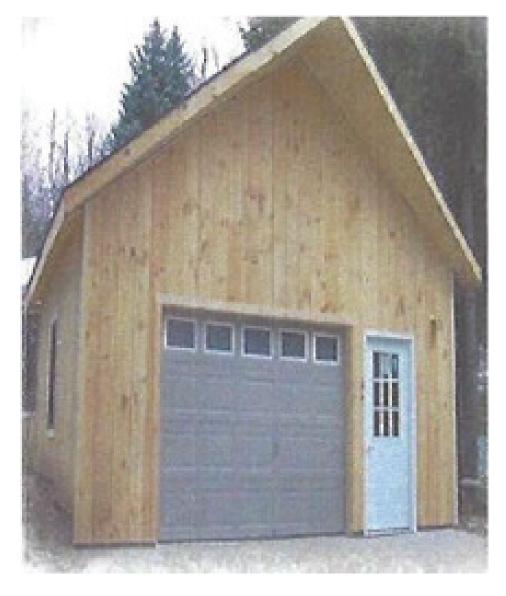
Medicare 101 meetings to be held by Local Medicare Broker

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PASSAGES

MICHELINA **MENCHILLO**

Michelina Menchillo of Honeoye Falls died Sunday, September 22, 2019 at Highland Hospital at age 84. She was born the daughter of Falipo Derisi and Louisa Iannotta in Italy on December 25, 1934. She was a seamstress for many years prior to retiring.

She was predeceased by her husband Luigi DiVirgilio. She is survived by her loving and devoted son, Joseph Menchillo and many family members in Italy.

Friends called on Friday, September 27, 2019 at the Merton H. Kays Funeral Home, Inc., 59 Monroe Street, Honeoye Falls where Services followed calling hours. Burial was at St. Paul of the Cross Cemetery, Honeoye Falls.

CAROL J. GINDER

Carol J. Ginder of Lima died on Tuesday, September 24, 2019 at age 84. She is survived by her loving children, Jeffrey and Robert Gilbert; granddaughter, Jessica L. (Ryan) Simpson; and several nieces and nephews. She was predeceased by her family. She was a member of DAR, the Lima Rotary Club and the General Society of Mayflower Descendants. Family and friends called on Monday, September 30, 2019 at the O'Connell-Dougherty Funeral Home, 2041 Lake Avenue, Lima. Private Interment was at Palmyra Cemetery. In lieu of flowers, memorials may be made to Honor Flight Rochester, P.O. Box 23581, Rochester, NY 14692.

ANN ROLLING BURNS

Ann Rolling Burns of Henrietta died on Tuesday, September 24, 2019 at age 80. She was born the daughter of the late William A. and Mary E. Wildner Rolling on October 15, 1938 in Buffalo. She worked as an office manager alongside her husband, Dr. John C. Burns who owned Henrietta Animal Hospital in Henrietta. She was a member of the Rosary Hill College Alumni (now Daemen College in Amherst) and the Auxilary Veterinarian Medical Society. She was also a member of St. Joseph's Church in Rush.

She is survived by her beloved husband of 58 years, Dr. John C. Burns; children, Suzanne (Tony) Fator, John Burns and Eileen Burns Frediani (Chuck Oppelt); grandchildren, Anne (Kyle) Leenhouts, James Fator, Patrick Frediani, Mary Fator and Ryan Oppelt; great-grandchildren, Benjamin, Caden and Jack Leenhouts; sisters, Elizabeth (Bill) Erdman, Margaret Stuhler and Mary Lynn Murphy and many nieces and nephews. called Friends Friday, September 27, 2019 at the Merton H. Kays Funeral Home, Inc., 59 Monroe Street, Honeoye Falls. Her Mass of Christian Burial was held Saturday, September 28, 2019 at St. Marianne Cope Parish in St. Joseph's Church, 6105 Rush Lima Road, Rush, the Reverend Michael Bausch presiding. Burial was at Pine Hill Cemetery, Rush. In lieu of flowers, memorials may be made to Wilmot Cancer Center, 601 Elmwood Avenue, Rochester, NY 14642.

JOHN B. DRISCOLL John B. "Jack" Driscoll of

Scottsville died suddenly on Sunday, September 22, 2019 after a brief illness at age 77. He was predeceased by his parents, Bernard and Helen Driscoll; sisters, Anne Jackling, Patricia Driscoll and Carol DiPalma. He is survived by his loving and devoted wife of 53 years, Elaine (Milne) Driscoll; daughters, Amy (Tony) Nicosia, Julie Driscoll (Greg Stokoe); grandchildren, Laney and Nicholas Nicosia; sister, Mary Ellen (John) Kehrig; sistersin-law, Marlene (Wayne) Perdue and Diane Harrison; nieces and nephews, Bryan (Kate), Mark, Jim (Allyson), Tara (Adam) and Ashley; 1 aunt and several cousins. He was a member of the Scottsville Lions Club, an avid reader and a committed Bills fan. He could always be counted on for his quick

wit and devotion to his family. Friends called at the Leo M. Bean and Sons Funeral Home on Friday, September 27, 2019. Private interment was at Holy Angels Cemetery, Scottsville. In lieu of flowers, memorials may be made to the Scottsville Free Library or the Scottsville Fire Department.

EDWARD T. LOCHNER

Edward T. Lochner of Avon died on Friday, September 20, 2019 at age 83. He was born to the late Edward F. and Mary Leona (Ritz) Lochner in New York City, NY on March 12, 1936. He is survived by his loving wife of 61 years, Mary (Underdown) Lochner of Avon; children, Edward G. Lochner of PA, Christopher Lochner, Timothy (Lisa) Lochner both of Avon, Marie Lochner of Friendship, Daniel (Jane) Lochner of WV, James (Jennifer) Lochner of Honeoye Falls; sister, Thelma Acciari of Canandaigua; sister-in-law, Ann Suhr of Greece; grandchildren; many greatgrandchildren; and several nieces and nephews. He was predeceased by his son, David Lochner; sisters, Leona Moore, Bernadine Garrand; and brothers, George and Frederick Suhr.

On Monday, September 30, 2019, his Funeral Mass was held at St. Agnes Church, Avon. Interment was at St. Agnes Cemetery, Avon. In lieu of flowers, memorials may be made to the Alzheimer's Association, 435 East Henrietta Road, Rochester, NY 14620. Arrangements were by Stephenson-Dougherty Funeral Home in Avon.

Class of '74, Rochester Institute of Technology BSEE '79; Northeastern University MSEE '87 and Worcester Polytechnic Institute MBA '97. After traveling the world for business as a Purchasing Manager at Polaroid and Kodak, he retired from Kodak Alaris to enjoy many more world travels, especially January in Marco Island. He was a Past President and Board Member of the National Association of Purchasing Managers and Vice President of The Institute for Supply Management. He volunteered with Meals On Wheels and Blessed Sacrament's Supper Program. He enthusiastically, if sometimes disappointedly, cheered on the Bills and the Red Sox.

Friends met the family on Saturday, September 28, 2019 at Miller Funeral & Cremation, 3325 Winton Rd South. Interment will be at Forest Glen Cemetery, Reading, MA, in October. In lieu of flowers, please consider volunteering your time to a neighborhood charity, or a donation to The Supper Program, Blessed Sacrament Church, 259 Rutgers St., Rochester NY 14607.

ANN D. BOVENZI

Ann D. Bovenzi of Pittsford passed away Tuesday, September 24, 2019 at home. She was born in Rochester on May 15, 1924. She was a loving wife, devoted mother and grandmother. She worked at General Motors for nearly 15 years. She is predeceased by her husband, A. Peter Bovenzi. She is survived by her two sons James (Jerilyn) Bovenzi and Peter Bovenzi; grandchildren, Alyssa Bovenzi and Lauren (Brian) Brown; brother Thomas DelVecchio; several nieces, nephews and dear friends.

Calling hours were held Tuesday, October 1, 2019 at Bartolomeo & Perotto Funeral Home in Greece. Her Funeral Mass was celebrated Wednesday, October 2, 2019 at Church of the Transfiguration, 50 West Bloomfield Road in Pittsford, followed by her entombment in Holy Sepulchre Cemetery. In lieu of flowers, donations may be sent to Priests of the Sacred Heart, PO Box 367, Hales Corners, WI 53130-0367 in her memory.

SISTER HILARY HANLY, SSJ

Sister Hilary Hanly, SSJ of Pittsford died on Thursday, September 26, 2019. She is survived by her niece, cousins, friends and her Sisters in Community. She spent the majority of her life in the nursing field in Selma, Alabama, Elmira, New York and Rochester,

Worship News

First Presbyterian Church of Honeoye Falls will hold a worship and communion service on Wednesday, October 9 at 6:15 p.m. at Pinehurst Senior Living.

St. John's Episcopal announces its Adult Forum after coffee hour will be exploring "When We Get Angry with God" with Rev. Laurie Brock on Sundays through October 20.

St. John's Episcopal will hold a Blessing of the Animals on Sunday, October 6 at 10 a.m.

Rush United Methodist Church's Ladies Lunch Bunch will meet on Monday, October 7 at 12:30 p.m. in the church dining room. The cost is \$3 per person. This is a time of fellowship for older women who are single, widowed, divorced or separated.

Christ Episcopal Church will hold a Blessing of the Animals on Sunday, October 6 at 2 p.m. on the Rectory lawn. Bring your pets to this event for a short service and blessing. Treats will be provided for the pets.

Christ Episcopal Church has a trip planned to the Shaw Festival at 9 a.m. to see Brigadoon on Thursday, October 10.

St. Louis Church is holding a Bible Study with the topic "Jesus and the End Times: A Catholic Look at the Last Days." This will be October 5 from 9:30-11:30 a.m. in the parish meeting hall.

St. Louis Church will be holding a discussion on "The Decalogue of Pope John XXIII" on Tuesday, October 8 at 7 p.m. in the Parish Meeting Hall. How can this good Pope help give your life a boost in 2019? Try his 10 resolutions, if only for one day, and see if it doesn't make a big difference in your life! Wine and Cheese refreshments will be served.





WILLIAM JAMES ROSS

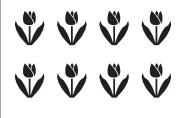
William James "Bill" Ross of Pittsford died on Saturday, September 21, 2019 at the age of 63 from complications of PTLD. He was predeceased by his parents, Helen (Mackay) and John Ross, mother-in-law, Martha Nickerson, brothers-in-law Russ Waring, Ed Pallazola, and Doc Fialho, uncles and an aunt. He is survived by his wife of 35 years, Karen (Nickerson), an aunt, Shirley Larsen of Kamloops, BC, his Nickerson in laws who loved him like one of their own, numerous cousins and dear friends.

He was a proud graduate Williamsville South HS, of

New York. In later years, she worked at Cobblestone Springs, a retreat/renewal center in Dundee, New York

Calling hours were at the Sisters of St. Joseph Motherhouse, 150 French Road on Monday, September 30, 2019 concluding with a Vigil Service. The Funeral Liturgy was on Tuesday, October 1, 2019. Interment was at Holy Sepulchre Cemetery. Contributions in her memory may be made to the Sisters of St. Joseph, 150 French Rd, Rochester, NY 14618 (www.ssjrochester.org).

CHUR



FIRST PRESBYTERIAN CHURCH	Village of Avon	2 Park Pl Sundays at 10:00 am
21 Church St Sundays 8:30 a.m. and 10 a.m. Reverend Dr. Jeffrey Weenink (Interim) 585-586-5688	AVON UNITED METHODIST CHURCH 130 Genesee St Sundays at 8:30 & 10:30 am Pastor Kim Ferrel	Rev. Dr. Robin Blair 585-657-7220 FIRST CONGREGATIONAL
CHRIST CHURCH 36 S Main St Sundays at 8:00 & 10:00 am	AVON WESLEYAN CHURCH 300 Genesee St	CHURCH OF EAST BLOOMFIELD 10 South Ave Sundays at 10:00 am Reverend Sandy Porrey
585-586-1226 ST. LOUIS CHURCH 64 S Main St Saturdays at 4:30 pm	Sundays at 9:00 & 10:30 am Pastor Peter Maclauchlan www.avonwesleyanchurch.com	585-657-7755 ST. PETER'S EPISCOPAL CHURCH 44 Main St
Sundays at 7:30, 9:00, 11:15 am & 5:00 pm Father Bob Ring 585-586-5675	Avon CENTRAL PRESEVTERIAN CHURCH 133 Genesee St Sundays at 10:00 am Reverend Carin Farmer 585-226-2626	Sundays at 10:00 am Rev. Canon Dr. C. Denise Yarbough 585-657-6715
Town of Pittsford PITTSFORD COMMUNITY CHURCH 421 Marsh Rd	New HORIZON CHRISTIAN FELLOWSHIP 2219 Bronson Hill Rd Sundays at 11:00 am	New HOPE FELLOWSHIP 7466 NY-5 & 20 Sundays at 10:00 am Pastors Zach and Carrie Hensley 585-657-7983
Sundays at 9:00 & 10:30 am Reverend Dr. Dana Goodnough 585-248-8260	Pastor Mike Pedaci 585-357-7000 St. AGNES ROMAN CATHOLIC CHURCH 96 Prospect Rd	St. BENEDICT ROMAN CATHOLIC PARISH AT ST. BRIDGET'S 15 Church St
SOUTHSIDE CHURCH OF CHRIST 1484 Calkins Rd Sundays at 10:00 am & 6:00 pm 585-334-2200	Saturdays at 4:00 pm Sundays at 1:30 am Reverend Michael Fowler 585-226-2100	Sundays at 9:30 am Father Michael Costik 585-394-1220 UNITED CHURCH OF BRISTOL
CHURCH OF THE TRANSFIGURATION 50 W Bloomfield Rd Saturdays at 4:30 pm Sundays at 9:00 & 11:00 am	ZION EPISCOPAL CHURCH 10 Park Pl Sundays at 10:00 am Mother Kelly Ayer 585-226-3722	7177 Co Rd 2 Sundays at 10:00 am Reverend Tim Hamlin 585-657-7030 ALLENS HILL
585-248-2427 CHRIST CLARION PRESBYTERIAN CHURCH 415 Thormell Rd Sundays at 10:30 am Reverend Kay Michelinie 585-381-5090	East Avon Lutheran Church of the Epiphany 6050 E Avon-Linna Rd	UNITED METHODIST CHURCH 3894 Co Rd 40 Sundays at 11:00 am Pastor Ronald Palmer 585-229-4966
NORTHFIELD CHURCH 507 Thornell Rd Sundays at 10:30 am	Sundays at 10:30 am Pastor Clayton Zuber 585-226-2200	
Pastor Drew Bunch 585-383-8560	EAST AVON PRESBYTERIAN CHURCH 5605 E Avon Lima Rd Sundays at 10:00 am Reverend Michael Fry (Interim)	
123 S Main St Sundays at 10:00 am Reverend Dr. Jimmy Reader 585-586-6870	585-226-6460	

HF-L swim

From page 5

Norvell third (1:16.87) and Beutner fourth (1:20.92) in the butterfly. Ryann Tanner won the 100 free (1:01.07) with Lambert third (1:03.67) and Kidd fourth (1:03.72). LeFrois-Heath won her second event of the meet by taking the 500 free in 5 minutes, 36.37 seconds and Brassie clocked 6:05.05 for third. The Tanner sisters teamed with Baum and Lambert to win at 1:52.70 in the 200 free relay. McRae led a 1-2-3 sweep with a time of 1:11.70, Baum at 1:13.89 and Zornow 1:17.95 in the backstroke. The team went exhibition in both the breaststroke and the 400 free relay.

"Jenna is progressing well in diving, but diving scores are dependent on the judges' opinions which may vary from meet to meet," coach Ari Freeman-Weiss said.

The Lady Cougars won nine of the 12 events in their 124-54 victory over Newark on September 24. Zornow, Kidd, Baum and Kate Tanner combined to win the 200 medley relay (2:14.39). Kate Tanner captured first in the 200 freestyle at 2:24.70 with Norvell second at 2:28.71 and Elisabeth Kenny's 2:37.44 in fourth. Beutner registered a victory at 2:43.88 in the 200 IM. Ryann Tanner followed in second at 2:24.78 while Zornow

posted a 2:51.20 for fourth. Mackenzie Kettlehone was second (28.77), Picciotti third (29.95) and Kylie Carter fifth (38.53) in the 50 free. Bovenzi totaled 184.20 points to win the diving while Hotaling compiled 129.30 for third. LeFrois-Heath posted a winning 1:07.25 in the butterfly with Brassie placing second (1:19.28) and McRae third (1:22.12). Kettlehone (1:05.55), Beutner (1:10.77) and Madeline Frederick (1:15.15) went 2-3-5 in the 100 free. Ryann Tanner swam to first in the 500 free in 6:05.03 as McRae clocked 6:19.53 for second and Isabelle Dague a 6:50.86 for third. Baum, Norvell, Kettlehone and Lambert won the 200 free relay (1:57.95). Zornow ended up second with a 1:19.29, Amber Campany third at 1:28.84 and Emily Fraser fourth at 1:31.52 in the backstroke. Baum won the breaststroke (1:26.03) while Norvell registered third (1:35.67) and Stefanou fifth (1:41.21). Lambert, Beutner, Brassie and McRae turned a winning 4:25.63 in the 400 free relay.

"Ella swims year round and has worked very hard," Freedman-Weiss said. "Now about a month into the season, the girls are a bit worn down but we're still working hard and grinding through. I see how much progress the girls have made and also the potential that is yet to come."

HF-L hosts Brighton October 3.

HF-L girls From page 5

0-0 tie on September 24. The Lady Cougars had the better of play throughout the game but could not put one in the back of the net, which has been a bit of a problem all season. Spitz handled four saves.

The Lady Cougars defeated Greece Odyssey 2-1 in overtime on September 26. For the fourth consecutive game, HF-L was unable to score in the first half and the teams were deadlocked at 0 when they went to halftime. After some back and forth play in the early minutes of the second half, Greece got on the scoreboard for a 1-0 lead. HF-L applied pressure on the Odyssey defense thereafter and finally broke through when VanderVen slipped Ali McLane a pass that McLane fired into the net to tie the game with six minutes left. The Zollo sisters, Abby and Carli, teamed up for the game-winning goal in OT as Carli set up younger sister Abby with a nice pass that Abby deposited into the net. Spitz gathered six saves.

"When we were down 1-0, I think there was some concern from the girls because we have had trouble scoring this year," Merrill said. "The good thing is that the girls are creating a lot of chances, now we just need to finish them."

HF-L hosts Greece Olympia on October 4 for the Fall Weekend game and it will also recognize its nine seniors on the club.

LEGALS From page 14

LEGAL NOTICE

Notice of Formation of BRJL Enterprises LLC, Art. of Org. filed with Sec'y of State (SSNY) on 9/3/19. Office location: Monroe County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to 240 Sandringham Rd., Rochester, NY 14610. Purpose: any lawful activity.

S10/3, 10/10, 10/17, 10/24, 10/31, 11/7

LEGAL NOTICE

Notice of Formation of Apphia T LLC, Art. of Org. filed with Sec'y of State (SSNY) on 8/29/19. Office location: Monroe County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to 960 Allens Creek Rd., Rochester, NY 14618. Purpose: any lawful activity. S10/3, 10/10, 10/17, 10/24, 10/31, 11/7

LEGAL NOTICE

Ambrosia Renewable Energy, LLC, Art. of Org. filed with SSNY on 8/13/19. Off. loc.: Monroe Co. SSNY designated as agent upon whom process may be served & shall mail to 14 Cali Ridge, Fairport, NY 14450. Purp.: any lawful purp.

S10/3, 10/10, 10/17, 10/24, 10/31, 11/7

LEGAL NOTICE

Notice of Formation of Dash Entertainment LLC, Art. of Org. filed with Sec'y of State (SSNY) on 8/13/19. Office location: Monroe County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to 149 Eaglesfield Way, Fairport, NY 14450. Purpose: any lawful activity. S10/3, 10/10, 10/17, 10/24, 10/31,

LEGAL NOTICE

11/7

Enviable Properties, LLC, Auth. filed SSNY 6/27/19. Off. loc: Monroe Co. LLC org. in MD 5/20/19. SSNY desig. as agent upon whom proc. may be served & shall mail to 8233 Lexington Dr., Severn, MD 21144, the princ. off addr. of LLC. Art. of Org. on file: SSMD, 301 W. Preston St., Baltimore, MD 21201. Purp: any lawful purp. S10/3, 10/10, 10/17, 10/24, 10/31,

S10/3, 10/10, 10/17, 10/24, 10/31, 11/7

HF-L volley From page 5

The Cougars kept their win streak going with a 25-25-25 to 16-12-18 victory over Eastridge on September 12. Balmer compiled nine kills, Fisk seven and Kamm six. Millard amassed 19 digs and seven aces. Balmer blocked three shots. Taylor accumulated 23 assists and Peters six digs.

HF-L defeated Fairport 25-

25-25 to 17-12-17 on September 16. Kamm collected seven kills and five digs. Balmer chipped in 10 kills, Fisk five kills, Taylor 24 assists and five digs, Millard 22 digs and four aces, Samson 12 digs and Mooney six digs.

The Lady Cougars beat Pittsford Sutherland 25-25-25 to 14-15-13 on September 18. Kamm led seven different players in kills with four. Of the squad's 12 aces, Fisk and Mooney served for three apiece. Balmer had four blocks. Fisk and Taylor finished with seven and six digs, respectively and Taylor paced the club with 12 assists.

At the Victor Tournament on September 21, the club played several teams in a pool play round, including Shenendehowa, and then lost to Irondequoit in the first match following pool play.

HF-L topped Greece Athena 25-25-25 to `12-8-15 on September 23. Samson pounded 14 kills with 10 digs. Balmer finished with eight kills. Millard collected 18 digs and Peters seven. Fisk recorded seven kills and three aces. Sackoor had three aces. Taylor set for 26 assists and amassed 11 digs.

The Cougars overwhelmed Batavia 25-25-25 to 11-10-12 on September 24. Taylor garnered 31 assists, setting up five different players for kills. Fisk paced that group with nine while Kamm, Samson and Balmer notched eight apiece. Balmer contributed three blocks. Millard chipped in 19 digs, Samson 12, Taylor eight, Sackoor six and Balmer five.

"Our experience has really carried us so far," coach Rene Monks said. "We have had contributions from everyone on the team."

HF-L hosts Brockport on October 4 as part of Fall Weekend events.



LEGAL NOTICES

LEGAL NOTICE

Mt 86 Us LLC. Filed with SSNY on 8/19/2019. Office: Monroe County. SSNY designated as agent for process & shall mail to: 817 Lake Ave Rochester NY 14613. Purpose: any lawful S 8/29, 9/5, 9/12, 9/19, 9/26, 10/3

LEGAL NOTICE

316 E Main Street LLC. Filed with SSNY on 8/19/2019. Office: Monroe County. SSNY designated as agent for process & shall mail to: 2024 W Henrietta Rd Ste 3g Rochester NY 14623. Purpose: any lawful

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LEGAL NOTICE

breTH LLC, Art. of Org. filed with SSNY on 5/15/19. Off. loc.: Monroe Co. SSNY designated as agent upon whom process may be served & shall mail proc.: 250 Mile Crossing Blvd., Rochester, NY 14624. Purp.: any lawful purp.

89/5, 9/12, 9/19, 9/26, 10/3, 10/10

LEGAL NOTICE

My Pal Enterprises LLC, Art. of Org. filed with SSNY on 6/14/19. Off. loc.: Monroe Co. SSNY designated as agent upon whom process may be served & shall mail proc.: 82 Lyceum St., Rochester, NY 14609. Purp.: any lawful purp.

89/5, 9/12, 9/19, 9/26, 10/3, 10/10

LEGAL NOTICE

BIV9 Capital Group LLC, Art. of Org. filed with SSNY on 5/30/19. Off. loc.: Monroe Co. SSNY designated as agent upon whom process may be served & shall mail proc.: 181 Citation Dr., Henrietta, NY 14467. Purp.: any lawful purp.

89/5, 9/12, 9/19, 9/26, 10/3, 10/10

LEGAL NOTICE

Notice of Formation of Zogwerkz LLC, Art. of Org. filed with Sec'y of State (SSNY) on 8/2/19. Office location: Monroe Co. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of proc.: 14 Killdeer Ln., Fairport, NY 14450. Purpose: any lawful activity.

89/5, 9/12, 9/19, 9/26, 10/3, 10/10

LEGAL NOTICE

Notice of Formation of Greystar

DE 19901. Purp: any lawful purp. S9/5, 9/12, 9/19, 9/26, 10/3, 10/10

LEGAL NOTICE

Alpha Properties, LLC Arts. Of Org. filed by the Department of State 08/28/2019. Office location: Monroe County. The Secretary of State is designated as agent of the limited liability company upon whom process against it may be served. SSNY shall mail process to: United States Corporation Agents, Inc. 7014 13th Ave. Suite 202, Brooklyn, NY 11228. S9/26, 10/3, 10/10, 10/17, 10/24, 10/31

LEGAL NOTICE

Browne Rose, LLC, Art. of Org. filed with SSNY on 4/2/19. Off. loc.: Monroe Co. SSNY designated as agent upon whom process may be served & shall mail proc.: 22 California Dr., Rochester, NY 14616. Purp.: any lawful purp. S9/26, 10/3, 10/10, 10/17, 10/24, 10/31

> LEGAL NOTICE VILLAGE OF LIMA NOTICE OF

PUBLIC HEARING NOTICE IS HEREBY GIVEN,

pursuant to the provisions of the Code of the Village of Lima, that a public hearing shall be held by the Village Board of Trustees of the Village of Lima at the Town Hall, located at 7329 East Main Street, Village of Lima, at 7:05 p.m. on Tuesday, October 8, 2019 for the purpose of considering the adoption of an amendment to said Code, being Village of Lima Local Law No. 2 of 2019, amending the rear setback restriction, as set forth in Section 185 -27 F of the Code of the Village of Lima, pertaining to properties within the Downtown Business District.

Said legislation is to be adopted as a local law.

A copy of said proposed legislation is available at the Village Clerk's Office. Dated: September 10, 2019 By Order of the Village Board of Trustees of the Village of Lima Linda Banfield, Village Clerk S9/26, 10/3

LEGAL NOTICE

Bird Dog Pheasant Farm, LLC. Filed with SSNY on 9/13/2019. Office: Monroe County. SSNY 150 Lucius Gordon Drive West Henrietta NY 14586. Purpose: any lawful

S10/3, 10/10, 10/17, 10/24, 10/31, 11/7

LEGAL NOTICE

John & Wong Realty LLC. Filed with SSNY on 8/8/2019. Office: Monroe County. SSNY designated as agent for process & shall mail to: 55 Brooklawn Drive Rochester NY 14620. Purpose: any lawful

S10/3, 10/10, 10/17, 10/24, 10/31, 11/7

LEGAL NOTICE

Jw Home Realty LLC. Filed with SSNY on 9/5/2019. Office: Monroe County. SSNY designated as agent for process & shall mail to: 817 Lake Ave Rochester NY 14613. Purpose: any lawful S10/3, 10/10, 10/17, 10/24, 10/31,

11/7

LEGAL NOTICE

Burke Cpa, PLLC. Filed with SSNY on 9/4/2019. Office location: Monroe County. SSNY designated as agent for process and shall mail to: Katherine A. Burke 132 Allens Creek Rd Rochester NY 14618. Purpose:Dentistry S10/3, 10/10, 10/17, 10/24, 10/31, 11/7

LEGAL NOTICE

Greece Landing Properties, LLC. Filed with SSNY on 3/21/2017. Office: Monroe County. SSNY designated as agent for process & shall mail to: 90 Bentbtrook Circle Webster NY 14580. Purpose: any lawful S10/3, 10/10, 10/17, 10/24, 10/31, 11/7

LEGAL NOTICE

Revolution Holdings LLC. Filed with SSNY on 11/2/2018. Office: Monroe County. SSNY designated as agent for process & shall mail to: 9 Bello Court Rochester NY 14624. Purpose: any lawful S10/3, 10/10, 10/17, 10/24, 10/31, 11/7

LEGAL NOTICE

Happy Landlord, LLC. Filed with SSNY on 8/27/2019. Office: Monroe County. SSNY designated as agent for process & shall mail to: 528 Selma Street Unit C Savannah Ga 31401. Purpose: any lawful S10/3, 10/10, 10/17, 10/24, 10/31, 11/7

CLASSIFIEDS

We are seeking a Full Time, Experienced, Maintenance Technician for residential apartments in the Village of Honeoye Falls.

Responsibilities include turning over apartments for new move-ins, regular safety and compliance inspections, general facilities maintenance and grounds keeping responsibilities.

Candidates should possess a working knowledge of Electrical, Plumbing, and Heating systems as well basic construction techniques, drywall repair, finishing, and painting.

Candidate must be dependable, and professional. Have a driver's license, reliable Truck, and basic tools.

Would be helpful if this Candidate resides in the vicinity of the Village of Honeoye Falls.

Must be able to pass a background check. Job Type: Full-time Salary: \$18 /hour Experience: Maintenance: 2 years (Preferred) Work Location: The Village of Honeoye Falls, NY Email <u>Todd@Zacarah.com</u>

585-546-6190 x 11

S10/3

Attorney

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Auctions

WARREN COUNTY TAX FORECLOSED REAL ESTATE AUCTION! Saturday, October 19, 2019. 30+ Parcels! Registration: 9AM; Start: 10AM Location: Warren County Courthouse; 1340 State Route 9, Lake George, NY Visit: www.auctionsinternational.com. Call: 800-536-1400

Auto Donations

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Finance

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Properties, LLC, Art. of Org. filed with Sec'y of State (SSNY) on 7/10/19. Office location: Monroe Co. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of proc.: 33 Country Club Dr., Rochester, NY 14618. Purpose: any lawful activity. S9/5, 9/12, 9/19, 9/26, 10/3, 10/10

LEGAL NOTICE

Notice of Qual. of BrodTi LLC, Auth. filed Sec'y of State (SSNY) 8/13/19. Off. loc: Monroe Co. LLC org. in DE 5/10/19. SSNY desig. as agent of LLC upon whom proc. against it may be served. SSNY shall mail copy of proc.: 80 Chadwick Manor, Fairport, NY 14450. DE off. addr.: 850 New Burton Rd., Dover, DE 19904. Cert. of Form. on file: SSDE, Townsend Bldg., Dover, designated as agent for process & shall mail to: 1 Park Ave Brockport NY 14420. Purpose: any lawful S10/3, 10/10, 10/17, 10/24, 10/31, 11/7

LEGAL NOTICE

Hammy's Haven LLC. Filed with SSNY on 9/11/2019. Office: Monroe County. SSNY designated as agent for process & shall mail to: 2245 Melody Rd Englewood Fl 34223. Purpose: any lawful

S10/3, 10/10, 10/17, 10/24, 10/31, 11/7

LEGAL NOTICE

150 Lgd, LLC. Filed with SSNY on 8/30/2019. Office: Monroe County. SSNY designated as agent for process & shall mail to:

LEGAL NOTICE

Notice of Formation of Sydor & Sons Holdings LLC, Art. of Org. filed with Sec'y of State (SSNY) on 9/10/19. Office location: Monroe County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to 9 Glen Valley Dr., Penfield, NY 14526. Purpose: any lawful activity. S10/3, 10/10, 10/17, 10/24, 10/31, 11/7

Continued on Page 13

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"Stop worrying — she just said to take the baby out for a walk — she didn't say WHERE."

gle to form four ordinary words. Then

rearrange the boxed retters to form the mystery word, which will complete the gag.	
FRAWD	
Opposed TAASING	
Unique	
TODAY'S WORD	

SCRAMBLERS



Differences: 1. Catcher's shirt has a stripe. 2. Batter has a hat. 3. Mom's collar is different. 4. Sota has no rutile. 5. Picture is tilted differently. 6. There's more glass on floor.

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: R equals T

TJOLXAJ RKLR PJYYMV VKM

TLGJA INJA LZE ELZNAKJA

NA ANOGYD-YMMGNZU, N

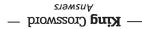
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Solution time: 21 mins.



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6	9	3	9	8	5	۷	4	٢
9	Þ	ŀ	Z	2	ε	8	6	S
9	3	Z	6	9	8	2	F	4
2	6	8	S	Þ	F	9	3	Z

Answer

Meekiy SUDOKU —



SENTINEL LIFESTYLES Life with the (Word) Smiths SALLYING FORTH ON A SALTY SYRACUSE SOJOURN

BY DEB AND TIM SMITH

Last week we left you in Syracuse which is sometimes called the "Salt City". This week we will share with you the backstory on how the city acquired that nickname. To that end let's go directly to the salty source and visit the Syracuse Salt Museum which is situated on the southern shore of Onondaga Lake.

SALT MUSEUM ~ Upon entering the Salt Museum you are encouraged to "Discover the industry that created the City of Syracuse and supplied the entire nation with salt!" From 1784 until 1908 the Onondaga Salt Springs Reservation was far and away the nation's largest producer of salt which was one of the most valued commodities of the time. As the catch phrase on the museum proclaims, "Salt to Gold".

Because it's so common nowadays, it may surprise you to know that until the 1900's salt was a valuable commodity. Traders in ancient Greece bartered their slaves for salt, and a lazy and unruly slave was considered "not worth his salt" - an insult still in use today. Our word "salary" comes from a Latin expression that meant "salt money" which was the Roman term for how they paid their soldiers.

Prior to researching this article we had encountered just one previous experience where it came to our attention that one nickname applied to Syracuse was the "Salt City". This was when we did our piece on Native American nicknames in sports. Syracuse University's original nickname was the Orangemen which was a reference to Native Americans. The original logo depicted a hatchet wielding Indian who was initially called the "Salty Warrior" which evolved into the "Saltine Warrior".

If you're hearing about this Syracuse/salt connection for the first time it's probably because it's based upon an historical situation that has come and gone. For about a hundred-year period, essentially the 1800's, Syracuse was the source of most of the country's salt supply. The quirky geological reason for this is that the underground brine (salt water) springs in Syracuse had the highest concentration of salt in the U.S. In the early 1900's more efficient means of producing salt were developed but prior to that, the go-to process was to pipe water from underground brine springs, boil the water down, and extract the salt. THE BEGINNING - Here is a quick historical recap on salt and Syracuse. In 1654 Jesuit missionaries first reported how salty the brine springs were around the southern end of Onondaga Lake. In 1660 the Dutch colonists in the Albany area were in receipt of information that "salt grew out of the ground" in Syracuse but they were too skeptical to pursue the investigation of the claim. The British began to take interest in the land around Onondaga Lake in the early 1700's and by the middle of that century they managed to get the Onondaga Indians to sign away the rights to all the land surrounding the lake in exchange for some guns, 350 British pounds, and a promise of protection from the French. Not the





acuse



best deal the Onondagas ever made. Subsequently the Onondagas

tried to maneuver out of the agreement but in pre-Revolutionary War times, with Native American law schools not located on every corner, we're sure you can anticipate who's going to get massacred at this pow wow.

INDIAN EXPLOITATION ~ And if you begin to connect the dots on the historical timeline it becomes evident that the British promise of protection from the French will become totally meaningless only a few decades down the road when the British are unable to protect themselves from the American Colonial Army.

But despite being at odds in the American Revolution, one thing the U.S. and the British did have in common was the ability to take advantage of the Native Americans. Within one year of the end of the war, the new United States government rewrote the deal the British had done with the Onondagas and established the U.S. as the owner of all the land immediately surrounding Onondaga Lake

consolation in the fact that the land that they had just given up to local salt producers was done so with the stipulation that the land would be used to produce salt "for the common use of everyone".

At this point all they needed was a good deal on pepper and that Native American spice rack would be ready to roll. Note that in the government statement above, the concept of sharing the salt is mentioned, but the sharing of the profits, not so much.

SALT FOR SALE ~ So at any rate, as these commercial American salt producing ventures kick in during 1784 here is the statistic that, to us, best conveys the financial potential of this operation. Keep in mind a phrase used to describe salt in the 1800's was "White Gold". While the salinity of seawater is 3.5 %, the salinity of the brine spring water in Syracuse was 75%. Another way to look at this concept would be to share that just one gallon of Syracuse brine water could be boiled down to produce one full pound of salt. The process whereby this brine water was boiled down is the theme of the Salt Museum in Syracuse. The museum's small physical stature is dwarfed by the historical importance of the concept which it represents. Inside the museum is a replication of what would have been a typical salt shed from back in the day and it was really nothing very elaborate.

Basically, rows of cast iron kettles were lined up side-by-side. Under the kettles, fueled alternately by wood or coal, fires burned 24 hours a day. The process was quite simple. The kettles were filled with salt water which was boiled down to retrieve the salt.

HEAT STROKE? ~ Conditions for the workers here were unsavory to say the least. Their job description consisted of three basic components: 1) Continuously add water to the kettles, 2) Keep adding fuel to the fire, and 3) Skim the salt from the bottom of each kettle once all the water has boiled off. Then repeat steps 1 through 3.

These three cyclical steps were repeated ad nauseam in 12-hour shifts, 24 hours a day, seven days a week. To let the fires go out and restart them would have cut into profits. What do you think would be worse? The tedium or the temperature? If it were a hot summer day with 90 degree temperatures outside, imagine would it would have been like inside a tight building with multiple rows of fires burning. Those salt workers must have truly been winter enthusiasts.

The museum itself is full of salty exhibits and artifacts and it's constructed from timbers taken from actual salt warehouses. The museum centerpiece and best exhibit is a replication of the "boiling block" -- a floor with a dozen aligned kettles next to which are posed cardboard cutout men with big wooden salt scooping ladles.

"The task of the salt boiler was grim," reads the accompanying text, "injury or death could result from burns from a scalding splash of brine or a fall into the boiling kettle." While we're thinking the actual death toll from hot water splashes or men falling into the kettles was probably pretty low, the possibility of heat stroke seems immense. FOOD FAVES ~ Why don't we end this sweatshop story on a tasty note? While Buffalo is noted for its chicken wings and Rochester for its garbage plate, Syracuse can take credit for the invention of salt potatoes. This one might almost seem too obvious but it's true. Workers at these production facilities initiated the concept of boiling small potatoes in salty water to season them. The bubbling caldrons were already there; might as well kill two birds with one stone, right? So right now we'd like to have you finish up your Syracuse salt potatoes, and prepare to join us next week when our destination will be the Destiny USA Mall.

While the Onondagas had no luck in finding an ATM where they could convert those 350 pounds of British currency they had been given, they could have perhaps taken some



TIM & DEB SMITH TO PRESENT BOOK TALK AT LIMA LIBRARY

Sentinel writers Tim & Deb Smith have recently published their first book titled The Beatles, The Bible & Manson: Reflecting Back with 50 Years of Perspective. The Smiths will be giving a talk on their book at the Lima Public Library next week.

On Thursday October 10 at 7:00 pm, the Smiths will be delivering a half hour PowerPoint presentation followed by a Meet and Greet and book signing. Their book is currently available through Amazon and Barnes & Noble, but if you're interested, it will be available and with no shipping charge at their presentation.

If you know the Smiths as we do, then you will be equally assured that this will be an evening you won't want to miss.